

Daily CARE!

The How & Why of Daily Playtime

“Daily CARE” is for **one parent** and **one child** together. This activity gives you **five minutes per day** to **have fun** and enjoy time with your child while working on **family goals**. The daily routine of play can help children feel **secure** and stable. **One-on-one** playtime lets you get to know your child in new ways.

Daily CARE also gives parents opportunities to practice the **PRIDE skills** -- and any **Behavior Management Strategies** that may be needed!



It's always great to spend time with your kids!
However, only some activities are “Daily CARE” activities.

Daily CARE is:

Fun & Engaging!

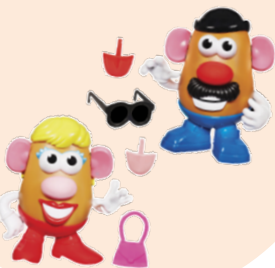


Cooperative!



This!

Interactive!



Easy to talk together!



Not this!

Daily CARE Toys!

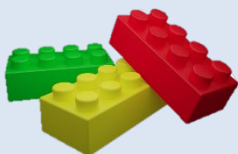
- Building blocks
- Magnetic tiles
- K'NEX™
- Legos™
- Lincoln Logs™



- Potato Head™
- Play-Doh™
- Toy animals
- Toy dishes
- Toy food
- Toy people
- Toy buildings:
House, Farm, Zoo,
School, Train Station



- Drawing & coloring together
- Toy cars & vehicles
- Train tracks & roads



Quick Tip:

A fun, interactive playtime activity is **face-to-face**:
talking and smiling with each other