

PC-CARE THERAPY ATTITUDE CHECKLIST



Directions: Please mark the circle next to the answer that best describes how you feel.

1. In PC-CARE, I learned ways to deal with children's difficult behavior. I found these skills:

- Not at all useful A little useful Somewhat useful Useful Very useful

2. In PC-CARE, I was taught ways to keep my child calm. I found these skills:

- Not at all useful A little useful Somewhat useful Useful Very useful

3. In PC-CARE, I practiced skills to help strengthen the relationship between my child and me. I found these skills:

- Not at all useful A little useful Somewhat useful Useful Very useful

4. Compared to how I felt at the start of PC-CARE, my confidence in managing my child's difficult behavior is:

- Not at all useful A little useful Somewhat useful Useful Very useful

5. Since we started PC-CARE, I feel that my child's problem behaviors have gotten:

- Much worse A little worse The same A little better A lot better

6. Compared to when we started PC-CARE, my child now listens to me and follows rules:

- Much worse A little worse The same A little better A lot better

7. Since we started PC-CARE, I feel that my child's overall behavior has gotten:

- Much worse A little worse The same A little better A lot better

8. Our family relationships and other family issues, compared to when we started PC-CARE are now:

- Much worse A little worse The same A little better A lot better

9. Overall, I felt that this kind of parent-child program was:

- Not at all helpful A little helpful Somewhat helpful Helpful Very helpful

10. Overall, my general feeling about PC-CARE is:

- Disliked a lot Somewhat disliked Neutral Liked somewhat Liked a lot

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