### 9 Months

- Holds head up well when lifted
- Rolls over easily
- Sits well without support
- Starts crawling
- Enjoys repetitive play,





before seeking

attention



- Learns how to turn while sitting to reach for objects
- Maintains attention up to 5 minutes interacting with one person

## 9 to 12 Months

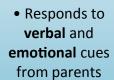
- Enjoys familiar people
- Eyes can focus on far objects
- Enjoys other children
- Passes objects from one hand to another
- Pulls up to standing



- Plays, moves, and dances with caregiver
- Moves around to explore
- Uses fingers and toes in play



 Understands simple words such as "hello", "mama", "dada"



 Starts taking first steps



## 12 to 15 Months

- Has preferences about colors, sounds, • Can spend 30 toys, people seconds focused on an activity
  - Loves to explore
  - Starts to climb
  - Starts to dance



- Uses "NO" to exert control
  - Walks and runs
  - Grasps with thumb & forefinger



- Hears & understands most simple language
- Responds to simple spoken requests

15 to 18 months

- Uses gestures or sounds to indicate **yes** or **no** 
  - Copies gestures
- Begins to speak words for caregivers, i.e. "mama", "dada"
- Twists and moves easily while sitting

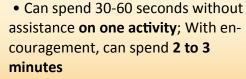
# Learns through play

- Puts together simple puzzles or stacking toys
  - Holds and looks at small toys and pictures, books
- Begins to "draw", scribbling and making marks



•May show separation anxiety when away from parent

- Attachment behaviors: Clinging to caregiver, anxious around strangers
- Uses words to name and identify things



- Begins to use small sentences
- Easily moves fingers back and forth from face to moving objects

18 to 36 months





### 18 Months

• Object permanence:

Can try to play hide-and-go seek

- Can jump up and down
- Builds and stacks small towers of blocks



- May climb out of crib
- Recognizes self in mirror and photos
- Walks around while carrying a toy or snack

 Makes animal sounds when they see animal, i.e. 'meow' when they see a cat

> Shows concern if a friend is crying



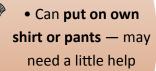


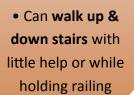
- Verbal expression of wants & independence, i.e. "me do it"
- Makes pretend sound effects when playing with toys

I can

help!







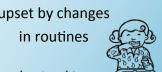
may grab a

hungry

# 24 Months



• Likes routines; is upset by changes in routines



- Can understand twostep instructions, e.g. "Pick up the toy and put it on the table"
  - Loves interactive games/activities, playing with caregivers & friends



- Washes & dries own hands
- Can kick a ball
- Can say as many as 50 to 100 words

Mommy, what's that?

- Possessive: Starts calling toys/objects "mine"
  - Speaks in sentences

- Likes to help; eager to please
- May often ask "What's that?"
- Understands prepositions

(before, after, when)

• Points, identifies items & animals in pictures



This is for daddy!



3 Years 

## 36 Months



- Says name and age when asked
- Can throw & catch a ball or soft toy
  - Can walk backwards
  - Can hop on one foot
  - Copies behavior of friends & adults —

i.e., if you run, child will run too

- Shows affection for friends without prompting
- Plays make-believe with toys, animals, and people
- Speaks in sentences to express needs, wants, likes, dislikes
  - Asks lots of questions!





