

9 Months

- Holds **head up** well when lifted
- Rolls over **easily**
- **Sits** well without support
- Starts **crawling**
- Enjoys **repetitive** play, e.g. 'Peek-a-boo'



- Learns how to **turn while sitting** to reach for objects
- **Maintains attention** up to 5 minutes **interacting** with one person

9 to 12 Months

- Enjoys **familiar** people
- Eyes can focus on **far** objects
- Enjoys **other** children
- Passes objects from **one hand to another**
- **Pulls up** to standing



- **Plays, moves, and dances** with caregiver
- Moves around to **explore**
- Uses **fingers and toes** in play

- **Enjoys** interacting with & observing **other** children

- Understands simple words such as **"hello"**, **"mama"**, **"dada"**



- Responds to **verbal** and **emotional** cues from parents

- Starts taking **first steps**



12 to 15 Months

- Has **preferences** about **colors, sounds, toys, people**
- Loves to explore
- Starts to climb
- Starts to dance



- Uses **"NO"** to exert control
 - Walks and **runs**
- **Grasps** with thumb & forefinger
- Hears & understands most **simple language**
- **Responds** to **simple** spoken requests



- Uses gestures or sounds to indicate **yes** or **no**
 - **Copies** gestures
- Begins to **speak** words for caregivers, i.e. **"mama"**, **"dada"**
- **Twists** and moves easily while sitting

15 to 18 months

- Attachment behaviors: **Clinging** to caregiver, anxious around **strangers**
- **Uses words** to name and **identify** things
- Eats with **hands**; may use utensils

Yum!



- Can spend 30-60 seconds without assistance **on one activity**; With encouragement, can spend **2 to 3 minutes**
- Begins to use **small sentences**
- Easily moves fingers **back and forth** from **face** to moving **objects**



18 to 36 months

18 to 36 Months

18 Months

- **Object permanence:**
Can try to play **hide-and-go seek**

- Can **jump** up and down

- **Builds** and stacks small towers of blocks



- May **climb out of** crib

- **Recognizes self** in mirror and photos
- Walks around while **carrying a toy** or snack



- Makes **animal sounds** when they see animal, i.e. 'meow' when they see a cat

- Shows **concern** if a friend is crying



- Likes to **climb** everything



- **Verbal** expression of **wants & independence**, i.e. "me do it"
- Makes **pretend sound effects** when playing with **toys**

- Can **feed self**; may grab a snack when hungry



- Can **put on own shirt or pants** — may need a little help



- Can **walk up & down stairs** with little help or while holding railing



24 Months

- Can **brush** their own **teeth**

- Likes **routines**; is upset by changes in routines



- Can understand **two-step instructions**, e.g. "Pick up the toy and put it on the table"

- Loves **interactive games/activities**, playing with caregivers & friends



Mommy, what's that?



- **Washes & dries** own hands

- Can **kick** a ball

- Can say as many as **50 to 100** words

- Possessive: Starts calling toys/objects "**mine**"

- Speaks in **sentences**

- Likes to **help**; eager to please

- May often ask "**What's that?**"

- Understands **prepositions** (before, after, when)

- **Points, identifies** items & animals in pictures

I can help!



This is for daddy!



36 Months

- Says **name** and **age** when asked
- Can **throw & catch** a ball or soft toy
 - Can walk **backwards**
 - Can **hop** on one foot
 - **Copies behavior** of friends & adults — i.e., if you run, child will run too



- Shows **affection** for friends without prompting
- Plays **make-believe** with toys, animals, and people
- Speaks in **sentences to express** needs, wants, likes, dislikes
 - Asks **lots** of questions!



3 Years Old!

