

PC-CARE Training Model Outline

Skill Building (6 hours)

- Attend 6 hour PC-CARE Phase I: Skill Building Workshop
- •Learn about skills, talking to parents about child behaviors, & observing interactions

Must attend Phase I before participating in Phase II: Experiential Training & Certification.

Weekly Group Calls & Sample Case (7 hours + 5 opt.)

- 7 weeks of in-depth didactic calls on each session protocol (each call is 1 hour long): usually done before starting clients
- Access to 5 optional group calls on PC-CARE Appendices for special populations (each call is 1 hour long): usually conducted after trainees have started seeing clients
- Special population Appendices include: PC-CARE for Toddlers, Children with Problematic Sexual Behaviors, Children with ASD/IDD, Latinx Families, and Trauma-informed PC-CARE

Allow for 3 hrs. each week to complete assignments: watch a 1 hr. sample case video, complete a Video Worksheet, code six 4 min. video clips, complete up to 2 worksheets on coding and coaching.

Individual Case Prep Calls (3.5 hours)

- •7 individual prep calls with trainer before each session for trainee's first client:
- •30 minutes per call to be done immediately before each session (within about 2 days of session)

Record and review own videos and note areas performed well, and areas to improve.

Video Review &
Competency Sign Off
(9 hours)

- Trainees will record all client sessions for first 1-2 training cases and upload them to secure UCD server.
- •Trainers will offer 9 hours of video review per trainee to sign off on competencies and provide weekly feedback

Record all sessions and upload videos and coding sheets to a HIPAA-compliant UC Davis server.

Certification Requirements

- •Trainees will provide proof of 1 successfully graduated case
- •Trainees will be signed off on all PC-CARE competencies
- Providers will be eligible as "In House Trainers" after successfully graduating at least 6 total cases

Allow for 1 hr/week of treatment per client, plus documentation, room set up, and progress notes.

UCDAVIS CHILDREN'S HEALTH HOSPITAL

Parent-Child Care (PC-CARE) Total Direct Training Time Received: up to 30 hours