UC DAVIS
HEALTH

PC-CARE
Caregivers and Children Together™

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Last Week's Strategies: What worked?

Last session, we practiced the following strategies. Please rate how well these strategies worked since the last session on a scale of 1 (not at all well) to 5 (extremely well). Check the number that reflects how well each strategy worked.

Rules

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

Choices

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

When-then/If-then

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5