Session 3: Using Strategies at Home

Today we learned the following strategies. Please rate *how well you think each strategy will work* for you and your family by checking the appropriate number on a scale of 1 (not at all well) to 5 (extremely well).

Rules

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

Choices

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

When-then or If-then Statements

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5