

PC-CARE

Session 2: Using Strategies at Home

Today we learned the following strategies. Please rate **how well you think each strategy will work** for you and your family by checking the appropriate number on a scale of 1 (not at all well) to 5 (extremely well).

Selective Attention/Ignore

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

Modeling

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

Redirect

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

Calming

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

