

PC-CARE

Session 1: Using Strategies at Home

Today we learned the following strategies. Please rate **how well you think each strategy will work** for you and your family by selecting the appropriate number on a scale of 1 (not at all well) to 5 (extremely well).

PRIDE Skills (Praise, Reflect, Imitate, Describe, Enjoy)

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

Avoid Skills (Avoid No/Don't/Stop/Quit/Not, Avoid criticizing, Avoid commands & questions)

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

Transitions

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

Compliance Friendly Environment

Not at all well	Slightly Well	Somewhat well	Very Well	Extremely well
1	2	3	4	5

