PC-CARE – Session 5
WEEKLY CODING AND CLINICAL NOTES

UCDAVIS HEALTH

PC-CARE
Caregivers and Children Together™

> **4 min. Coding Instructions:** "Tell your child that it's playtime. Use all the skills you've learned while you follow along with [HIS/HER] play."

CLIENT NAME	DATE	START TIME	STOP TIME	TOYS USED

CAREGIVER	GOAL FOR SESSION

PARENT'S STATEMENTS: POSITIVE	TALLY CODES	TOTAL
NEUTRAL PARENT TALK		
PRIDE (PRAISE, REFLECT, IMITATE, DESCRIBE, ENJOY)		
AVOID	**TALLY CODES**	**TOTAL**
QUESTIONS		
COMMANDS		
NEGATIVE TALK (NTA)		

STRATEGIES USED TO MANAGE BEHAVIOR – circle all strategies present during 4 minutes of coding

TRANSITIONS	REDIRECT	CHANGE ENVIRONMENT	RULES
MODELING	CALMING	REMOVAL OF PRIVILEGE	WARNING	CHOICES
IGNORE	WHEN-THEN/IF-THEN	RE-DO	HAND-OVER-HAND	RECOVERY

PRIORITY ORDER

- Negative Talk
- PRIDE
- Command
- Question
- Neutral Parent Talk

PARENT-CHILD INTERACTION QUALITY INDEX

During 4 minutes of coding:

	Not at all	Somewhat	Very much
Parent was stern/harsh.	1	2	3
Parent was intrusive.	1	2	3
Parent was withdrawn/disengaged.	1	2	3
Child was emotionally reactive.	1	2	3
Child ignored caregiver.	1	2	3
Child was controlling/directive.	1	2	3
Child was aggressive/rude to caregiver.	1	2	3

PC-CARE Session 5 Checklist

Goals: *Assess, reinforce PRIDE concepts, using Recovery, Re-doing*

Check-in (7 min.): Start Time_____

- ❑ Assessment measures and feedback (WACB, etc.)
- ❑ Daily CARE handout collected, reviewed, discussed barriers to completion if applicable
- ❑ Discussed objectives and goals (related to child behaviors) for session
- ❑ Complete "Last Week's Strategies: What worked?" questionnaire

Mini-Didactic (10 min.): Start Time_____

- ❑ Present Session 5 Strategies to Manage Behavior handout
- ❑ Explain, model, and/or role play Recovery and Re-doing

4-minutes Coding (5 min.): Start Time_____

- ❑ Lead in statement given
- ❑ Reliable coding
- ❑ Gives feedback to caregiver
- ❑ Give coaching strategy for session, connect with session plan

Coaching (20 min.): Start Time_____

- ❑ Uses 3 levels of coaching: sufficient quantity, timing, pace, tone, and variety

Coach Coding (tally up coaching levels used in 5 minutes)				
Start Time:		End Time:		
Level 1 (Lead)				
Level 2 (Follow & Praise)				
	Missed Opp.		Errors	
Level 3 (Explain and Rapport)	Explanations	Observations		Generalizations

- ❑ Coached to stated objectives of session:
    a. Recovery _____
    b. Re-doing _____
- ❑ Used exercises to achieve coaching goals if needed
- ❑ Gave warning (1, 2, 5 minute) before end of session

Closing the session (12 min.): Start Time_____

- ❑ Reviews accomplishments of session related to child behaviors
- ❑ Complete "Using Strategies at Home" questionnaire
- ❑ Shows graph of parent progress, connect with treatment goals
- ❑ Gives Daily CARE handout, connect with parent performance and treatment goals: Recovery, Re-doing at home
- ❑ Give Post-Tx Measures; ask parent to bring them at next session
- ❑ Asks if caregiver will be able to come to session next week
- ❑ Tells caregiver plan for next week

CLINICAL NOTES: