PCIT is a hands-on treatment to help children listen & behave better. Therapists & caregivers work as a team to conquer behavior problems in a practical yet unique way.

PCIT has 2 phases

1. Connect
   - Phase 1 is about making your bond stronger & bringing out the best in your child. These skills make children want to listen more & be good.

2. Correct
   - Phase 2 is about getting your child to listen right away. These skills help children follow directions & learn consequences.

Here’s How PCIT Works:

We’re behind a 1-way mirror, out of the way, but connected to you.

Through a wireless earpiece, we whisper strategies proven to help children.

We walk you through the skills & have your back while you practice with your child.

Here’s why PCIT Works:

A partner in parenting We make step-by-step changes together. You don’t have to try things out on your own, we’re in this together.

Real-time help We can instantly see how the skills are working & make tweaks so they work even better.

A formula for success We use tried & true techniques to make parenting easier, & we practice until you’ve got it down like second nature.

“...You are going to be amazed. I literally have a different kid. I tell everyone I know and see about this therapy.”

- Amanda P., Mom of 6-year-old daughter

Research shows nothing beats in-the-moment practice for getting behavior problems under control.
PCIT Essentials

Who Do We Help?

Children 2-7 who:
- Hit/ kick/ bite
- Talk back/ whine/ swear
- Don't follow directions
- Have temper tantrums/ outbursts
- Are easily distracted/ impulsive/ hyperactive
- Have problems with peers/ siblings
- Have been thrown out of daycare/ school

Caregivers:
- Biological parents
- Foster & adoptive parents
- Family members

How Long Is PCIT?

Visits to PCIT are 1 hour each week.
PCIT lasts 12-20 visits, sometimes more or less as each family’s needs are different. We work together until you’ve got the skills down & behaviors are on track. Many families start seeing changes after the first few sessions!

Let me tell you our lives are forever changed in a positive way.”
- Julieann C., Mom of 4-year-old son

PCIT Pays Off

46% Reduction in misbehaviors
Both parents & professionals endorse PCIT
89% Satisfaction rate among parents
300+ Research studies about PCIT
3 Years later children still have good behaviors
#1 Scientific rating by Evidence-Based Clearinghouse

Sources:

Developed by Rebecca S. Handman, M.S. with Marta M. Shinn, Ph.D. Illustrations by Gary P. Handman

Brochure development funded by:

PCIT
Parent-Child Interaction Therapy

Get your child on the path to better behavior