

## Relationship Enhancement



## \*P\*R\*I\*D\*E\*

Rule	Reason	Example	Look
PRAISE appropriate behavior	<ul> <li>Increases desired behaviors.</li> <li>Lets child know what you like.</li> </ul>	<ul> <li>"You did great concentrating on building the garage."</li> </ul>	
REFLECT appropriate talk	<ul> <li>Allows child to lead the conversation.</li> <li>Shows child you're listening and understand child.</li> </ul>	Child: "I did it all by myself."  Parent: "Yes, you did it all by yourself."	I did it! You did do it
<b>IMITATE</b> appropriate play	<ul> <li>Shows approval of child's play.</li> <li>Models and increases desired behaviors.</li> </ul>	Parent: "I'm going to tap the blocks quietly just like you."	
<b>DESCRIBE</b> appropriate behavior	<ul> <li>Increases         concentration and         attention to the         activity.</li> <li>Slows down an         active child.</li> </ul>	<ul> <li>"You're keeping the Play-Doh o the table."</li> </ul>	CDORTS CONTS
<u>ENJOY</u>	<ul> <li>Demonstrates interest in child.</li> <li>Models positive emotions.</li> </ul>	<ul> <li>"I have so much fun playing with you."</li> </ul>	

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AVOID NO, DON'T, STOP, QUIT and NOT	<ul> <li>Doesn't tell the child what TO DO.</li> <li>Creates power struggles.</li> <li>Causes conflict and negativity.</li> </ul>	<ul> <li>"Stop running in the house!"</li> <li>Instead say:     "Please walk inside the house."</li> </ul>	
AVOID criticizing	<ul> <li>Doesn't provide any direction.</li> <li>Focuses attention on negative behavior.</li> <li>Can trigger negative behaviors.</li> </ul>	<ul> <li>"You're acting like a baby."</li> <li>"That's not how you do it."</li> </ul>	THIS IS TOO STRESSFUL STOP YELLING AT ME!!!
AVOID giving commands and asking questions	<ul> <li>Doesn't allow the child to lead.</li> <li>Creates power struggles.</li> <li>May seem bossy or testing.</li> </ul>	<ul> <li>Let's play with these toys.</li> <li>Look at this.</li> <li>What are you making now?</li> <li>What color is this?</li> </ul>	

