

Erroneous Child Management Attitude ↔ Unhelpful Strategy		Healthy Child Management Attitude ↔ Helpful Strategy	
Children must not disagree or question their superiors	Criticism, Lecturing, Heavy punishment, Shaming, Commands without explanation, Dismissing their thoughts, “Yes but’s”	Honor is the thing to work for, not demand. When a child’s views are in the open they can be examined and corrected. Allowing them to be right or wrong keeps them sharing and open to your input.	Reflective listening, selective attention, ignore, command with explanation, natural and logical consequence. For older, compromise & negotiation.
A child and their behavior are the same	Labeling, Using terms like “bad” or “good”, Criticism, Holding grudges	A child’s behavior doesn’t come from wickedness but from immature beliefs such as “I should have what I want”, “Parents shouldn’t frustrate me”, etc. Their behavior is amendable and not who they are.	Process praise, recovering after a problem, staying neutral and calm through applying discipline.
Children can upset their caregivers	Saying “you’re making me mad”, Yelling, Arguing, Anger/Guilt/Blaming to manage behavior	I am responsible for my own emotions regardless of how I am being pressed. If I want my child to learn to control theirs, I must control mine.	Calmly applying all child behavior management strategies.
Punishment, guilt, and blame are effective methods of child management	Making them see themselves as “bad” instead of behaving “bad.” – Giving “Revenge” over correction. Teaching: self-loathing.	Desired behavior is best achieved when a child feels capable and respected. Punishment, guilt & blame are REVENGE not correction. It erodes a child’s confidence and willingness to comply.	PRIDE skills, selective attention, 2 choices, natural/logical consequences, time-outs & removal of privileges.
Children learn more from what adults say, rather than what they do	Lecturing, Explaining, Repeating, Using reason when they are upset	Children learn best from example. A parent with a tidy home who nags cannot teach a help child foster a clean home of their own.	Modeling, selective attention, commands with explanation & follow through.

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Praise spoils a child	Avoiding praise and compliments	Children are not born knowing what you expect; this is learned. Praise communicates expectation, warmth, pride and belief in their ability.	PRIDE skills
Children must not be frustrated	Giving in, Reassuring, Tip Toeing around your child's "triggers", Making excessive accommodations, Blaming others	Frustration is a part of learning. Without healthy negative emotions children won't learn. Conversely they may learn they cannot tolerate frustration and cling to anger or avoidance.	Selective attention, ignore, Modeling, age-appropriate expectations coupled with follow-through, Logical/Natural consequences.
Heavy penalties work best if applied first	Removing privileges, Time Out's before other strategies	Heavy penalties breed resentment (they will defy in obvious, passive, or unconscious ways). Their fear of trouble can be overgeneralized to others.	Use hierarchy of strategies to manage behavior before resorting to PDI skills. As you increase, have more empathy and sweetness.
A child must earn a parent's love	Withholding warmth and praise, high expectations	Behavior cannot improve if a child thinks they are unworthy. Can't withhold books for poor grades or love for poor behavior.	PRIDE skills, unconditional warmth coupled with fair limit setting.
Children should be calmed first, adults second	Power struggles, angry outbursts, harsh and critical comments and tone, frustration as punishment	My child's emotions don't dictate mine. Before problems outside me can be solved I have to solve my own. I will have more impact if I remain calm and neutral.	Calm/Neutral use of skills, modeling calming techniques