Week 1:
- Learn about PC-CARE and how to use PRIDE Skills and strategically notice your child’s positive behavior
- Learn new strategies: Setting up your home Environment to improve child compliance, & Transitions
- Daily CARE!

Week 2
- Learn new strategies: Ignore, Modeling, Redirect, & Calming
- Practice using PRIDE skills to strengthen your child’s positive behavior
- Daily CARE!

Week 3
- Learn new strategies: Rules, Positive Incentives – Choices, When-Then & If-Then statements
- Practice using PRIDE skills to strengthen your child’s positive behavior
- Daily CARE!

Week 4
- Learn new strategies: Giving Effective Commands, & Removal of Privileges
- Practice using PRIDE skills to strengthen your child’s positive behavior
- Daily CARE!

Week 5
- Learn new strategies: Re-Doing, Hand-Over-Hand (for very young children), & Recovery
- Practice using PRIDE skills to strengthen your child’s positive behavior
- Daily CARE!

Week 6
- Putting it all together! Use what you’ve learned at home and in the community!
- Practice all the skills you have learned: PRIDE skills, BE DIRECT, and coping skills
- Graduation!

For information contact:
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