INTERGENERATIONAL TRAUMA IN THE PARENT-CHILD DYAD: FORTALECIENTO CONEXIONES SALUDABLES

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What is Intergenerational Trauma?
- Inter-partner Violence
- Immigrating to the US
- History of Sexual abuse, Child Abuse, Neglect
Negative effects on Caregivers

- Irritability
- Difficulty self-regulating
- Detachment: emotional & physical
How it is transmitted to children we work with?

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- Learned behavioral responses
- Poor self-regulation skills
- Poor social skills
How it affects treatment

- Attachment
- Triggers
- Inconsistency
Being Mindful

https://www.youtube.com/watch?v=pTv4yD6BKIA
Being Mindful

- Signs & Symptoms
- Build Rapport
- Assess for Trauma
Culturally-Sensitive Interventions