




INTERGENERATIONAL TRAUMA IN THE PARENT-CHILD DYAD:

FORTALECIENDO CONEXIONES SALUDABLES

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What is Intergenerational Trauma?



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- Inter-partner Violence
 - Immigrating to the US
 - History of Sexual abuse,
Child Abuse, Neglect



Negative effects on Caregivers

- Irritability
- Difficulty self-regulating
- Detachment: emotional & physical



How it is transmitted to children we work with?

<https://ed.ted.com/lessons/how-stress-affects-your-brain-madhumita-murgia>



How it is transmitted to children we
work with?

- Learned behavioral responses
- Poor self-regulation skills
- Poor social skills



How it affects treatment

- Attachment
- Triggers
- Inconsistency



Being Mindful

<https://www.youtube.com/watch?v=pTv4yD6>

BKIA



Being Mindful

- Signs & Symptoms
- Build Rapport
- Assess for Trauma

Culturally-Sensitive Interventions

