# PCIT Session Pause: When Trauma Needs & Court Orders Take Center Stage

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Therapy with Traumatized Children

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### Meet George

- 3 year old male
- Removed 2x bio parents
  - 3months: broken femur
  - 18months: DV/neglect
- Kinship placement
- Limited Verbal Expression
- Active in PCIT



#### Situation

- No contact with bio dad since 18 months old
- Court ordered visitation to be held at correctional facility
- Transportation to and from visit by DCFS





### Preparation

- Collaboration with DCFS worker:
  - Who is transporting
  - Time of visit
  - Location of visit
    - Phone
    - Family room
    - Uniform color

- Visual Aides Ready
  - Building size
  - Waiting room
  - Phone stalls
  - Entry & exit



## PRIDE Skills & Preparation

- Use of the PCIT Lab:
  - One way mirror
  - Client in observation room
  - Set stage for rehearsal
  - Use your PRIDE skills
    - BD's
    - LP's
    - RF's



#### The Power of Orientation

- When court orders take the lead, a PAUSE in the PCIT session to orient a child to the upcoming event makes theoretical sense.
- In PCIT we orient children to therapy
  - Tell them why they are coming to see us
  - The reason, why and how PDI will occur
- Use these same skills for court ordered interruptions to treatment



#### Outcomes

- George did absolutely fantastic during and after his visitation.
- One session of PCIT on Pause and right back to PDI phase the following week.



# Caregiver Reaction

"I knew you guys were teaching me good things, but honestly it was after this that I was really like WOW they really know what they're doing. Now I'm happy to do my (PCIT) homework and know this is exactly where we need to be."

