PCIT Training Center

Building and Sustaining a Successful PCIT Program

Anthony Urquiza UC Davis Children's Hospital
Nancy Zebell- UC Davis Children's Hospital
Lori Pack- Child Guidance Center, Santa Ana
Daphne Quick-Abdullah- LA County Dept. of Mental Health
Amber Cardenas- LA County Dept. of Mental Health

A Shout-Out

April in Long Beach

Thank you!

Taji Huang – Starview Community Services

Olga Moreno – Starview Community Services

Barbara Paradise – Pathways Community Services

Therese Accinelli – Childnet Youth and Family Services

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NCTSN
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Traumatic Stress Network

OBJECTIVES

Goals for professionals thinking of developing a PCIT program

Goals for professionals who already have a PCIT program

- Briefly describe the First5LA/LACDMH/ UC Davis PCIT Implementation Project (from 3 perspectives)
  - County-wide 7-year Trainer-of-Trainer (ToT) effort

- Identify Barriers/ Solutions to Developing and Sustaining a PCIT Program (from 3 perspectives)
  - Developing a PCIT program
  - Sustaining a PCIT program

TRAINING

UC Davis PCIT Training Center- history

- ~1995 training a select few (Naomi Perry)

- Began in 2000 with Cal OES contract to train 13 agencies (Thank you Ann Misoguchi!)

- Description of original training program

- Benefits and pitfalls for trainers
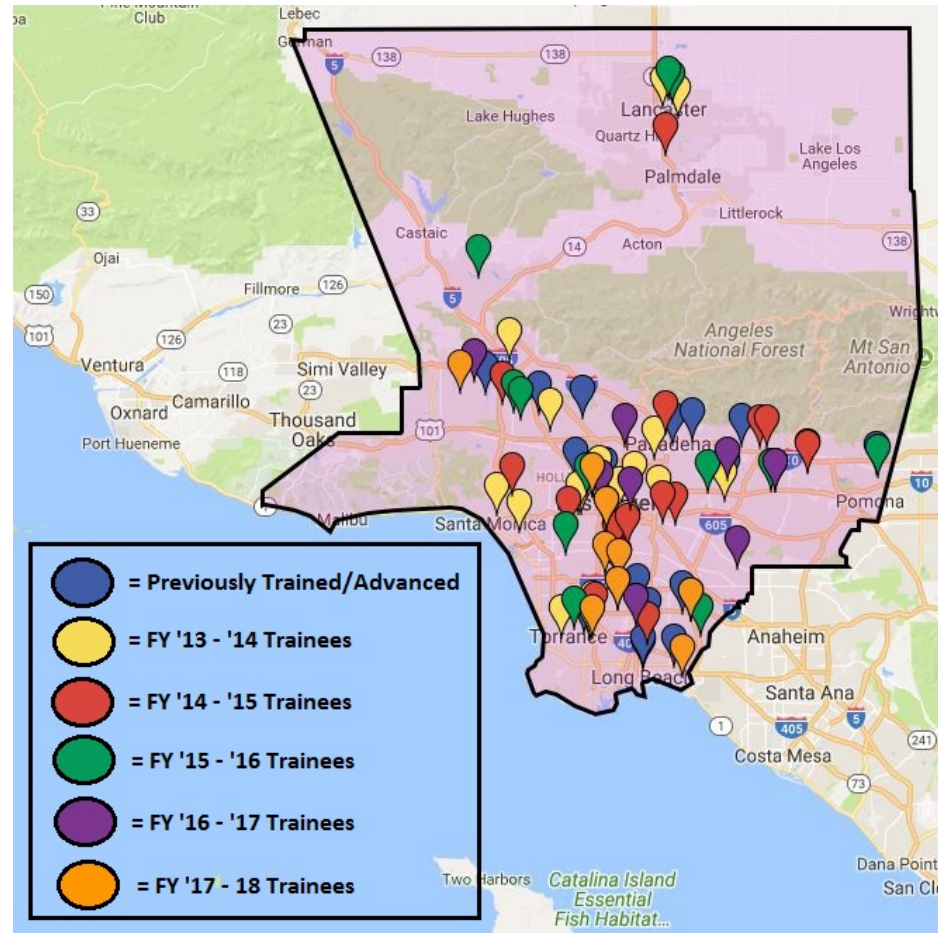
- Benefits and pitfalls for trainees and agencies

TRAINING

UC Davis – LA County DMH Partnership

- Began in 2012 with 16 sites having a PCIT program

- Description of current training program

- Realizations of needs for large-scale training

  - Need for collaboration with DMH and other agencies

  - Need for full administration buy-in

  - Need for active community outreach program

- Adjustments made to the training program over the grant period

TRAINING

UC Davis – LA County DMH Partnership

Map legend:
- = Previously Trained/Advanced
- = FY '13 - '14 Trainees
- = FY '14 - '15 Trainees
- = FY '15 - '16 Trainees
- = FY '16 - '17 Trainees
- = FY '17 - 18 Trainees

Questions for all:

1. What are the biggest problems you have observed with building a PCIT program and what do you think are the best ways to deal with them?

2. What are the biggest barriers you have seen with client engagement and what do you think is the best way to overcome this?

3. What are the biggest problems you have encountered with sustaining PCIT and its fidelity, and what do you think is the best way to deal with it?

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The National Child Traumatic Stress Network

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Questions

UC Davis – LA County DMH Partnership

1) How do you know who will be a good PCIT therapist?

2) How do you know if a PCIT therapist is going astray (i.e., problems with fidelity)?

3) How do you develop PCIT QA?

4) Managing budgets/funding to sustain training?

5) Can you really have a weekly PCIT therapist meeting?

Questions

UC Davis – LA County DMH Partnership

7) Developing and sustaining referrals in my community?

8) Some people say 'time-outs' are bad – what do I do?

9) Do we really need to use all these measures and do I really have to code?

THANK YOU!

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