Group PCIT:
Treatment Approach to Promote Connection between Children who have Experienced Trauma and their Parents

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Agenda

- Introduction
- Objective and Importance of the Program
- Format of the Group
- Expectations
- Variations of Group: Two co-facilitators
  - One Facilitator
- Curriculum Development
- The Importance of Play
Room Setting
Parents desires from the PCIT group

- To communicate. To talk with us
- Not to get upset
- For him not to have tantrums
- To follow rules
- For him not to be violent with others
- For me as a mom to be more patient
Weekly Sessions

CDI:
Enhancing the Relationship
Six Weeks:
  Video
  Explanation of the handout:
  A DIARIO skills
  Active Ignore
  Avoid: Questions and:
  No, don’t, stop, quit and Not
  Focus: Practicing rules
  Providing two choices

Review of Previous week
Topic of the week: Based on PCIT principles
Practice among Parents
Practice with their children
Live coaching
Use of PRIDE skills
Snack Time!!
Homework for the week
Questions and Concerns
CDI: Themes Included

- Two choices
- Mastery of the PRIDE (A DIARIO) skills
- Explanation of ECBI and the application of the “Target Home Fun Behaviors” at home
- Tools in the Toolbox
- Stress and how it manifest on Adults and Children
- Stress Exercise
Individual Coaching
Special Play Time
Clean up time
Week 7:
- Video: SER DIRECTO
- Explanation of the Handouts
- Practice with Mr. Bear among parents
- Practice given commands during
- Special Play time

Week 8:
- Strategies to Promote Compliance
- 5-2-5
- Coaching parents using the time out sequence while in special play time with their children

PDI: BE DIRECT – STRATEGIES TO PROMOTE COMPLIANCE
Teaching and coaching parents to:
- Use neutral voice
- Use of neutral affect
- Be compassionate and understanding
- Provide hope and expectations that next time will be a better choice.
- Allow the child to see that as a parent, we can be firm and still loving.

...Ok Mr. Bear....you have two options....
Strategies to Promote Compliance

Reglas
1. Habla en voz baja
2. Jugar suavecito
3. Guardar los juguetes
4. Todos comemos con la boca cerrada
5. Se come en lamina

Consecuencias
1. Aviso
2. Tiempo fuera
3. Restricción de privilegio

Privilegios(+) | Consecuencias(-)
---|---
1. Ver TV. Show | Perder tu tiempo
2. Comer chuches | de...
3. Uso de celular |
4. Jugar con amigos
5. Jugar con juguetes
From the results of previous cohorts

Pre: Mom/Dad  Post:
LP: 0; 0  LP=3; 2
BD=0; 1  BD=11; 11
Ref= 6; 1  Ref=0; 1
Q/NC=24.41 Q/NC=1; 3

Pre:  Post:
Mom  Mom
LP= 6  LP=6
BD= 3  BD=7
Ref= 6  Ref= 6
Q/NC=11  Q/NC=7

Pre:  Post:
Mom  Mom
LP= 0  LP= 5
BD= 0  BD= 3
Ref= 5  Ref= 1
Q/NC=17  Q/NC=20