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PCIT Training Center

The Wacky World of WACB in PCIT

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Introductions

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OBJECTIVES

1. **Introduce the WACB-P and WACB-N**
2. **WACB data**
   - CDI and PDI
3. **Using WACB during check-in**
4. **Developing treatment goals and coaching strategies with WACB**
   - Graphing from week to week
5. **Understand the clinical use of WACB in PCIT**
   - WACB-P during Relationship Enhancement (CDI)
   - WACB-N during Strategies to improve compliance (PDI)

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Origins of the WACB

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The WACB is a brief caregiver-report assessment that was created by the UC Davis CAARE.
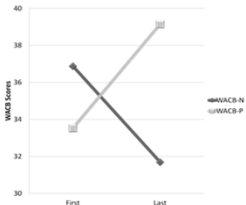
- 9 child behavior problem categories:

  - Dawdling
  - Table Manners
  - Obedience
  - Opposition/Anger
  - Verbal Expression
  - Destructiveness/Carelessness
  - Provocation/Fighting
  - Interrupting/Attention Seeking
  - Attention Problems/Overactive

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Origins of the WACB

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Previous research established the WACB is correlated with the ECBI, and is sensitive enough to measure changes in specific behavior categories

	WACB-N Intensity Scale	WACB-P Intensity Scale
ECBI Intensity Scale	.844*	-.741*
PSI-SF Parental Distress Scale	.378*	-.028*
PSI-SF Parent-Child Dysfunction Scale	.603*	-.608*
PSI-SF Difficult Child	.731*	-.626*

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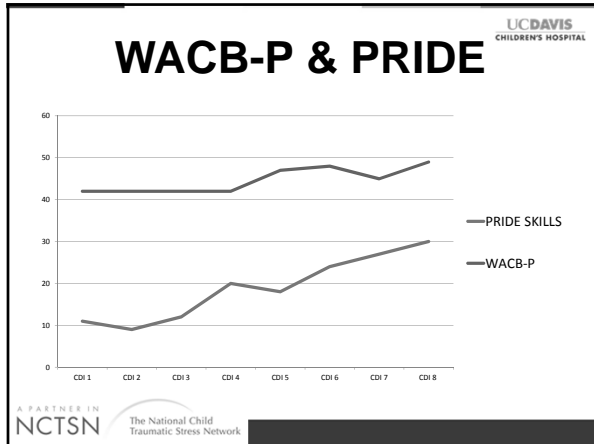Traumatic Stress Network

Why enter this Wacky World?

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- Provides an assessment-driven method of determining weekly coaching goals

- Corresponds with PCIT components

- Assists caregivers in recognizing and reporting behaviors

IT'S BRIEF & FREE!

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WACB-P & CDI

- Child Directed Interaction phase of PCIT:
  - Enhances the Parent-Child relationship
  - Increases children's positive behaviors

- WACB-P Positively phrased questions:
  - Helps parents notice frequency of positive behaviors
  - Uses positive opposite words for negative behaviors

WACB – P
(Weekly Assessment of Child Behavior – P)

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Clinical Example

Identifying Information	Psychosocial History	Presenting Problems
• 5 year old • 7 year old • Caucasian/Pacific Islander	• MGM legal guardian • Visited with mother • Referred by court in Jan. 2013 • Exposure to DV, parental substance abuse	• Negative Attention Seeking • Aggression with Sibling • Noncompliance • Poor Relationship with Mother • Parentified Behaviors

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WACB-P at CDI

Introduction of WACB-P during CDI check-in
Minutes

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WACB-P & PRIDE

Legend: PRIDE SKILLS, WACB-P

X-axis: CDI 1, CDI 2, CDI 3, CDI 4, CDI 5, CDI 6, CDI 7, CDI 8

WACB-N & PDI

Minutes

- Parent Directed Interaction phase of PCIT:
  - helps parents effectively improve their child's compliance
  - reduces child negative behaviors

- WACB-N Negatively phrased questions:
  - Helps parents see treatment progress and decreased negative behaviors
  - Describes negative behaviors that can be worked on during PDI

WACB-N & PDI

Discussion of WACB-N during PDI check-in

WACB-N & PDI

Coaching behaviors on WACB-N: Listening right away

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WACB-N & PDI

Coaching behaviors on WACB-N: Focusing

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WACB-N & PDI

Coaching behaviors on WACB-N: Good manners
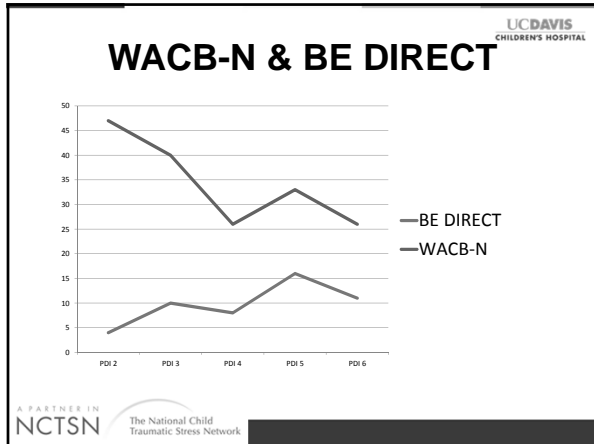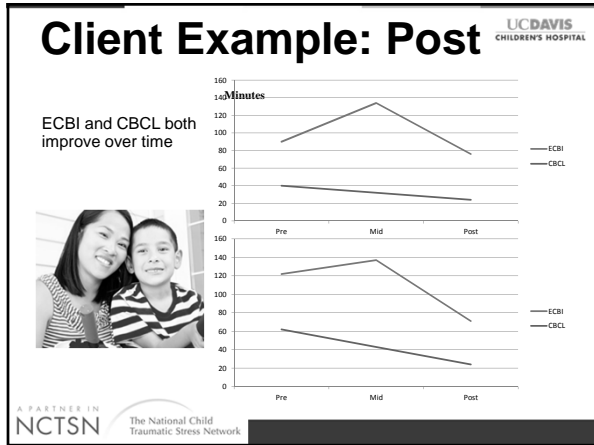
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Slide 1: WACB-N & BE DIRECT

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WACB-N & BE DIRECT

Chart with legend: BE DIRECT, WACB-N. X-axis: PDI 2, PDI 3, PDI 4, PDI 5, PDI 6. Y-axis: 0 to 50.

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Slide 2: Client Example: Post

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Client Example: Post

ECBI and CBCL both improve over time

Charts with Minutes (Y-axis 0 to 160), X-axis: Pre, Mid, Post. Legend: ECBI, CBCL.

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Slide 3: OUTCOMES

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OUTCOMES

Goal: Non-clinical range!

Do scores on WACB help screen/detect when clients have scores in clinical range?

Correlations between last WACB and Post-Tx ECBI		
	Post-tx ECBI Intensity Scale	Post-tx ECBI Problem Scale
WACB-P Intensity Scale (n=27)	-0.76***	-0.79***
WACB-N Intensity Scale (n=37)	0.76***	0.73***

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OUTCOMES

Goal: Non-clinical range!

Do scores on WACB help screen/detect when clients have scores in clinical range? Answer: YES!

- High WACB-N
- Low WACB-P

Clinical Post-tx ECBI

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OUTCOMES

Goal: Decrease in ECBI from Pre- to Post-tx!

Does administering WACB-N during PDI (after mid) predict change in ECBI from Pre- to Post-tx? Answer: YES!

- WACB-N used after Mid (PDI)
- WACB-N not used after Mid (PDI)

No change in ECBI from Pre- to Post-TX

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THANK YOU!

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