



PCIT in Home Settings

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PCIT IN HOME SETTINGS

- Challenges of providing therapy in clients homes
 - Need for structure
- Challenges unique to PCIT
 - Check-in
 - Coding
 - Coaching
 - Wrapping up

Struggles for Structure & Therapeutic Identity

- Need to separate therapy from household activities
 - Structuring the Time in Session
 - Setting rules for therapy, praising compliance
 - Using routines
 - Prompting parents when needed
 - Structuring of Environment
 - Creating a sense of therapeutic space
 - Structure of Relationships
 - Creating & maintaining professional boundaries

Unique Challenges

- Check-in & transition to treatment
 - Set limits ahead of time
 - Routines- use of “Weekly Check-In” to structure discussion
 - May use “when-then” statements with parent
 - “Check-In” with parent at the end of the session
- Coding
 - Child wanders off
 - Siblings
 - Transparency of coding process

Unique Challenges

- Coaching
 - Maintaining parents' and children's focus on each other (not therapist)
 - Modeling and prompting
- Wrapping up
 - Need to end positively
 - Routines and transitions for ending Special Playtime and avoiding meltdowns

Possible Contraindications for PCIT in the Home

- Amount of chaos or number of distractions in the house
- Number of people in the house
- Severity of child's aggressive behavior
- Severity of child's disconnection from the caregiver