

# PCIT With Depressed Caregivers

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# Depression Affects the Parent-Child Relationship

- ◆ Children may act out or become controlling
- ◆ Parents not engaged or emotionally available

# How Depressive Symptoms Affect PCIT Performance

- ◆ Negative view of child
- ◆ Parent may be unmotivated to change
- ◆ Unresponsive to coaching
- ◆ Homework not completed
- ◆ Not using skills as taught
- ◆ Inconsistent attendance
- ◆ Risk for early termination

- ◆ Working with this population requires a lot of case management.
- ◆ The goal is to keep these families in treatment.

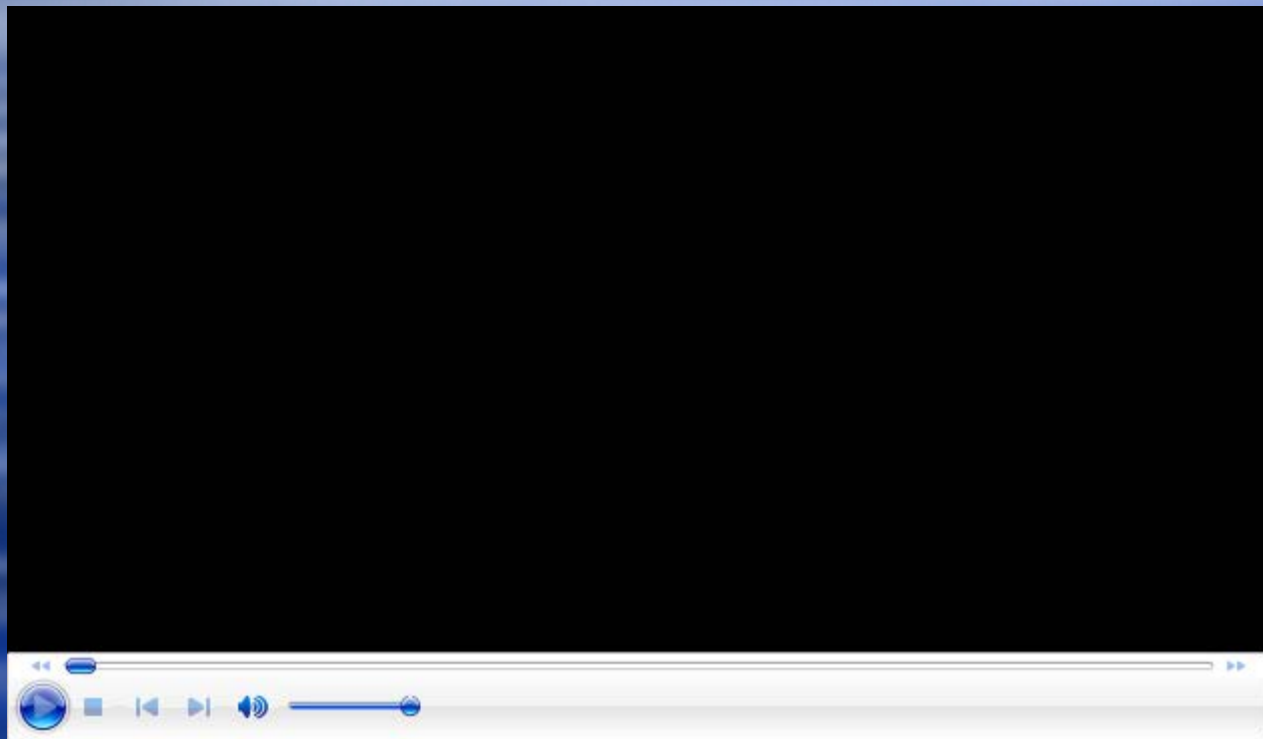
# Interventions & Case Management

- ◆ Rapport with parent
- ◆ Early discussion about depression
- ◆ Psycho education
- ◆ Therapy
- ◆ Medication evaluation
- ◆ Problem solving to reduce stress
- ◆ Other resources and services
- ◆ Follow up

# Coaching Depressed Caregivers

- ◆ Praises may be too difficult
- ◆ Increase descriptions & reflections
- ◆ Reinforce all verbalizations or attempts

# Pre-Treatment DPICS



# Post-Treatment DPICS

