

PCIT in Context

Promoting Community and Intercultural Literacy

Sam Chan September 24, 2013



CULTURE

"What we know (or assume) that everyone else (in our culture) knows, and we never have to talk about."



PARENTING

. . . and we all know what "good parenting" is



CULTURAL COMPETENCE

The capacity for learning and transmitting knowledge of a culture to successive generations.

PCIT Adaptations across Cultures and Countries

(McNeil & Hembree-Kigin, 2010)

U.S.

(African Americans, American Indians, Latinos)

Asia

(Hong Kong, Taiwan)

Australia

Europe

(Norway, the Netherlands)

Latinos

- Country of Origin, Level of Acculturation,
 Language Use and Preference
- Implementation in Spanish and the "Language of Connection"
- Values: Respeto, Confianza, Personalismo, Simpatica, Familia, Cariños
- "Therapy" vs. "Therapeutic Relationship"

Native Americans

- Honoring Children
- Shared Parenting and Extended Family
- Interdependence and Independence
- Labeled Praise ("Shouts and Whispers")
- Coaching Intensity

Asians

- CDI and PDI Challenges
- Confucian Roots and Authoritarian Parenting
- Emotional Restraint
- Personal/Individual v. Collective Needs
- Humility and Achievement

- A = Acceptable
- B = Bad
- C = Catastrophe
- D = Disowned
- F = Forever banished

- A = Average
- B = Banished

SOCIAL VALIDITY

(Cultural Attunement and Responsiveness)

- I. How do parents view the child's behavior problem?
- 2. Involve and engage parents/caregivers and other family members in setting treatment goals and determining acceptability of treatment procedures.
- 3. Assess degree to which parents/family are satisfied with services and support the changes that occur.

21ST CENTURY LEARNING SKILLS

- Acquiring Core Knowledge
- Intercultural Literacy
- Consuming Information
- Thinking Outside the Box ("thinking about thinking")
- Developing Social-Emotional Intelligence
- Storytelling and "Finding Your Voice"

PRAXIS

Making a difference through a balance of theory and practice ... a process of reflection and informed action upon the world in order to transform it.

Paolo Freire, Pedagogy of the Oppressed

STRATEGIES

- Reducing Social Distance by
 - Testing Assumptions
 - Heightening Contradictions
- Mutual Epiphany
- Harmony, Synchrony, and Being in the Zone
- After Action Review

STRENGTHENING FAMILIES and the PROTECTIVE FACTORS

- Parental Resilience
- Social Connections
- Concrete Support in Times of Need
- Knowledge of Parenting and Child Development
- Children's Social and Emotional Development

LUV

L - unconditional Love

U – **U**nderstanding

V – to be Valued

It Takes a Community (ITC)

- Raising children with care
- Raising children to care
- Creating communities of care

We are because we belong.

- Archbishop Desmond Tutu