



PCIT for TRAUMATIZED CHILDREN
Steps for PCIT Intake Session

Step	Directions
1	<ul style="list-style-type: none"> • Bring child and caregiver into PCIT room • Have toys for child to play with while you talk to the parent and a standard set of toys nearby for the observational assessment
2	<ul style="list-style-type: none"> • Have parent sign all consent forms
3	<ul style="list-style-type: none"> • Standardized assessments: Have caregiver complete CBCL, PSI, ECBI, and TSCYC preferably before meeting with therapist • Review ECBI with parents. This will give you information about the child’s behaviors that PCIT can directly target
4	<ul style="list-style-type: none"> • Explain to caregiver that you are going to do a 15-minute observation exercise that will give you information about the child’s typical behaviors • Explain that you will be out of the room giving the caregiver instructions through an FM receiver every 5 minutes and be silent during the exercise • Reassure the caregiver that you will return to the room when finished
5	<ul style="list-style-type: none"> • Have child and parent seated next to each other • Show the caregiver how to use the FM receiver. Suggest that the caregiver put the ear bud in the ear away from child • Remove all other objects from play area (e.g., purses, paperwork)
6	<ul style="list-style-type: none"> • Go into observation room • Turn the video recorder on “Record”
7	<ul style="list-style-type: none"> • Have DPICS Data Recording Sheet ready
8	<ul style="list-style-type: none"> • Put on headset • Ask caregiver if they can hear you • Make adjustments if needed
9	<ul style="list-style-type: none"> • Read to caregiver the first segment (CDI) of the DPICS instructions
10	<ul style="list-style-type: none"> • Write start time on DPICS Data Recording Sheet

11	<ul style="list-style-type: none"> • Code caregiver for 5 minutes • Write stop time on DPICS Data Recording Sheet
12	<ul style="list-style-type: none"> • Read caregiver the second segment of DPICS Instructions (PDI) • Note Start time and observe for 5 minutes • Make notes about the parent-child interactions and the strategies the caregiver uses to get the child to comply with their commands
13	<ul style="list-style-type: none"> • Read caregiver the third segment of DPICS Instructions (Clean Up) • Observe for 5 minutes • Make notes about the parent-child interactions and the strategies the caregiver uses to get the child to comply with their commands
14	<ul style="list-style-type: none"> • At end of 15 minutes, go into the room and debrief with parent • Ask if what you observed was fairly typical • If child exhibited difficult behaviors, reassure caregiver that you are glad you got to observe these behaviors and that PCIT will improve child's behaviors
15	<ul style="list-style-type: none"> • If caregiver needs to complete standardized assessments, have them finish them or take them home • These measurements must be completed before the PCIT didactic teaching session or the data is no longer considered a pre-treatment assessment
16	<ul style="list-style-type: none"> • Develop treatment goals and objectives using the Child-Parent Treatment Form and ECBI coaching words sheet before the CDI teaching session
17	<ul style="list-style-type: none"> • Enter results of coding from the first 5-minutes of the observational assessment (CDI) onto the Skill Acquisition Profile • Write progress notes
18	<ul style="list-style-type: none"> • Fill in information on the PCIT Log