Key Areas of Children's Development

- Cognitive
- Language
- Motor
- Social-Emotional

Cognitive Development

- Verbal problem solving
- Non-verbal problem solving
- Processing speed
- Daily living skills
Cognitive Development & PCIT

**CDI**
- Tailor toy choices
- Simplify language
- Include touches with praise

**PDI**
- Choose commands appropriately
- May require more repetition of sequence to learn
- In later stages, coach parents to use PDI skills to teach daily living skills

Language Development

- Receptive Language
- Expressive Language
- Pragmatic Language
- Non-verbal communication

Language Development & PCIT

**CDI**
- Tailor language and vocabulary parents use
- Reflect sounds or communicative gestures
- Reflect properly
- Use touch, gestures, and facial expressions to augment verbal praise
- Praise for taking turns in conversation or using good manners

**PDI**
- Phrase commands appropriately
- Create a visual schedule for time-out
- Use gestures and visual cues to support commands
Motor Development

- Gross Motor
- Fine Motor
- Activity Level
- Stereotypic motor movements

Motor Development & PCIT

CDI
- Choose toys appropriately
- Praise effort
- Discuss with parents plan for ignoring
- Have extra toys at the ready
- Give breaks
- Describe!

PDI
- Choose commands appropriately
- In later stages, coach parents to use PDI skills to help child practice motor skills/participate in PT or OT

Social Development

- Eye contact
- Playing with others
- Making/keeping friends
- Emotional regulation
Social Development & PCIT

CDI
- Choose toys wisely
- Praise eye contact and social skills
- Use reflection and imitation to model turn-taking

PDI
- Include rationale with commands
- Give child opportunity to practice better emotional regulation skills