

Tailoring Coaching to Foster Families and At Risk Biological Families

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Foster parents

- Will doing PCIT with foster parents harm the attachment to the biological parents?

Story









What if we don't know how long the child is going to be in foster home?

Dr. Abner's Unshakable Principles of Timing of PCIT implementation #1

- (OK, this really just my opinion with absolutely no research backing. But I like it. Of course, it is my opinion so I guess I should like it.)
- If the child is going to be in the home at least 4 weeks, I'm starting PCIT.
- If the child is going to be in the home shorter than 4 weeks, then I will defer to the next home.
 - Why? I want my foster parents to start getting good CDI skills

Why do PCIT if the child may not stay with this family?

- Treatment gains generalize.
- Foster parents learn skills that they can use with future foster kids.
- Placement stabilization
- Placements sometimes last longer than originally planned.

Dr. Abner's Unshakable Principles of Timing of PCIT implementation #2

- (Once again, merely my opinion)
- If there is a good chance the child is leaving the home in 4 weeks, I will not start PDI
- Why?
 - PDI can be misunderstood and misused.
 - The first couple of weeks of PDI can be tough and I want a smoother transition from one household to the next.

Shift the Culture

- How do foster parents view therapy time?



Increase Motivation

- Selling PCIT to Foster Parents
- Motivational Interviewing
- Foster parent representative
- Offer training credit

[[INSERT LEADER]] [[INSERT FULL SOCIETY NAME]]

CERTIFICATE OF ATTENDANCE

This is to certify that
[[INSERT ATTENDEE'S NAME]]
has successfully completed the following educational session(s):
[[INSERT/LIST SESSION]]
on [[mm/dd/yyyy]] from [[Start Time]] - [[End Time]]
conducted by the [[Insert Affiliated Group Name]], in [[Location City, State]].

The program awarded the following credits:
[[INSERT CONTACT HOURS and/or CEUs]]

[[AUTHORIZED SIGNATURE]] **[[INSERT DATE OF CERTIFICATE]]**
[[INSERT NAME]] Don
[[INSERT TITLE]]

AG Toolkit Appendix Appendix F1

Scheduling issues

- Increase show rates with pairing with med checks.
- Increase show rates with pairing with biological visitation



Coaching tips for foster parents

- Acknowledge expertise
- Encourage both parents to participate
- Focus on positives
- Be careful about PDI acceleration

Older caretakers

- May take longer to reach CDI mastery
- May struggle with reflective questions



Foster parent associations

- Increase referrals
- Increase motivational buy in

Tailoring the chair back up

Sexual acting out behaviors

- “Sexual acting out behavior is a behavior.”
- Reminder about sexual abuse perpetrators.

Biological Parents: Overcoming hostility.

- Clarify your relationship with authorities
- Remember to be all positive in CDI Coach 1
 - And maybe CDI Coach 2 and 3 as well.
- Slow start in PDI
- Use parent representatives
- Acknowledge the total weirdness of coaching and coding

Biological parents

- 3 day guideline
 - At least for PDI.....

Organizing biological and foster parents

- Friendly organization
- Not so friendly organization
- Hostile organization

Remember your stimulus value

- Story, “Growing up small and friendly”

Coaching biological parents.

- Label praise exposure.
 - Most of our biological parents are not used to labeled praise.
- Good treatment integrity
 - Show them their gains.
 - Make your chart pretty!
- Coaching gentleness

Final story