



Steps for PDI Teaching Session

(1 to 2 hours if taught with Time Out)

Step	GIVING EFFECTIVE COMMANDS
1	<ul style="list-style-type: none"> • Give overview of PDI to the parent: <ul style="list-style-type: none"> ○ PDI is a system for getting child to mind when the parent needs to be in charge ○ Consistency and predictability are keys to success in PDI ○ Continue practicing CDI every day ○ Practice PDI in play settings in the clinic first, then at home in play ○ After PDI is mastered in clinic, you will begin to use it in real life situations at home
2	<ul style="list-style-type: none"> • Have a copy of the BE DIRECT Handout for both you and the parent • <u>If appropriate</u> – show the BE DIRECT video
3	<ul style="list-style-type: none"> • If appropriate, have Mr. Bear available to play the part of the child
4	<ul style="list-style-type: none"> • Spend time going over each of the concepts on the BE DIRECT handout • Model each of the concepts using concerns from the Child Factors Form as examples
5	<ul style="list-style-type: none"> • Practice giving effective DIRECT commands • During practice, the “child” <u>always complies</u> • The sequence is: <i>Command > Comply > Praise</i>
6	<ul style="list-style-type: none"> • Parent practices next by giving direct commands <ul style="list-style-type: none"> ○ Instruct the parent to give a command ○ If the parent provides an indirect command gently correct ○ Listen for whether the parent follows the sequence: <i>Command > Comply > Praise</i>
7	<ul style="list-style-type: none"> • If parent can give effective commands, move on to teach Compliance Strategies

