

PDI Readiness Checklist

READ THROUGH THE FOLLOWING ITEMS AND CHECK THOSE THAT APPLY:

RISK OF DROPOUT

If any of the items below are checked there may be a high risk of dropout.

- Client is at CDI 9 or above
- Parent seems defeated and hopeless about achieving mastery or completing PCIT
- Parent is canceling on a regular basis (e.g., 2 out of 4 sessions per month)

EXPECTATIONS FOR FAMILY SKILL ACQUISITION

if any of the below items are checked, you may need to be more flexible about mastery for the family.

- Child has cognitive delays, ASD, or IDD
- Parent's language skills are poor, has cognitive delays, mental health problems (e.g., depression), or has been out of rehab < 1yr.
- Environment- Cultural barriers, parent is non-residential

SELF-MONITORING

Self-monitoring questions: Are all of the below items checked? If so, it is likely that you have done all that you can to engage the caregiver

- I reviewed a recent video of a coaching session- parent was responsive to my coaching
- I used level 3 coaching to point out the positive effects. I have noticed when the parent uses the PRIDE skills.
- The parent demonstrated that he/she knows what the PRIDE skills are and can use them without line feeding.
- I have had the WACB/Skill Acquisition-Homework talk- talking to the parent about the connection between children's improvement and parent commitment to homework.

ADEQUACY OF SKILL ACQUISITION

Parent is close to mastery (within 70% of mastery – e.g., 7-7-7 and 4 or 5) AND any of the following items are checked? If so, parent may have adequate skill acquisition.

- Parent is able to ignore child's mildly inappropriate behaviors
- Parent consistently masters at least one PRIDE skill in a coaching session
- Parent improves after coaching, as measured by coding at the start and end of a coaching session; performs better when using flashcards
- Parent reports successes using PRIDE skills; reports doing homework

What is the quality of the parent-child interaction? (Are the below items checked? If so, parent-child relationship may be considered as sufficiently strong to proceed.)

- I assessed the dyad using the AIQ and got mostly 2s and 3s in the Parent Behaviors section
- I assessed the dyad using the AIQ and got mostly 2s and 3s in the Parent-Child Interactions section

**IF: RISK OF DROPOUT OR LOWERED EXPECTATIONS= YES
AND SELF-MONITORING= YES
AND ADEQUATE SKILL ACQUISITION (close to mastery and strong relationship) = YES
THEN: FAMILY MAY BE MOVED ON TO PDI**