PASSING ON JUSTICE: UNDERSTANDING THE ROLE OF HISTORICAL AND INTERGENERATIONAL TRAUMA FOR CREATING HEALTH EQUITY

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APPLAUD HER FOR BRAVE PARENTING

INVESTIGATE HER FOR ABUSE

GIVE HER A VH-1 REALITY SERIES

Toya Graham and her son, Michael Singleton
SAFETY & ATTACHMENT

- Rush of information to the brain
- Dry mouth
- Increased breathing expanding lungs
- Digestive and urinary system slows down can result in loss of bladder control
- Increase sweating
- Feel dizzy
- Pupils dilate
- Temperature fluctuation
- Heartbeat increases
- Adrenaline races through the body
- Churning stomach
- Muscles can feel weak or tense

Photo Credit: http://www.sciseek.com/search/web/fear%20response
UNDERSTANDING TRAUMA AND ADVERSE CHILDHOOD EXPERIENCES IN CONTEXT

- Physical Abuse: 28.3% (Original ACE Study), 35% (Urban ACE Study)
- Emotional Abuse: 10.6% (Original ACE Study), 33% (Urban ACE Study)
- Mental Illness: 19.4% (Original ACE Study), 24% (Urban ACE Study)
- Substance Abuse: 26.9% (Original ACE Study), 35% (Urban ACE Study)
- Incarceration: 4.7% (Original ACE Study), 13% (Urban ACE Study)
Intergenerational Trauma
The transmission and impact of trauma across generations via stress reactions, attitudes, beliefs, and other conscious and unconscious actions by caregivers.

Historical Trauma
The cumulative emotional and psychological wounding of an individual or generation caused by a traumatic experience or event.

Retrieved from:
https://michellevallenesbportfolio.wordpress.com/tag/culture-iceberg/
SURVIVING THE DISCONNECT
FROM THE SOCIAL CONTRACT

Survival Mode: Flight/Fight/Freeze

Frontal lobe (Prefrontal cortex) goes offline
Limbic system / mind and lower brain functions take over

Learning/Thinking Brain
(Prefrontal Cortex)

Limbic System

Photo Credit: http://communityresiliencecookbook.org/your-body-brain/
The Pair of ACEs

**Adverse Childhood Experiences**

- Maternal Depression
- Physical & Emotional Neglect
- Divorce
- Mental Illness
- Incarceration

- Emotional & Sexual Abuse
- Domestic Violence
- Homelessness

**Adverse Community Environments**

- Substance Abuse
- Violence
- Disruption
- Poor Housing Quality & Affordability
- Poverty
- Lack of Opportunity, Economic Mobility & Social Capital

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REBUILDING THE CONNECTION WITH 3 A’S

- Addressing health disparities and disproportionate service engagement requires tackling the presence and impact of multiple forms of trauma on marginalized communities.

  Three A’s for passing on justice in clinical service delivery.

  Acknowledge the role of trauma in increasing disparities and resilience among communities.

  Ask questions and collect data about the impact of trauma and best practices for promoting health.

  Adjust service design and delivery to reflect the culture of communities being served.
Those who have a ‘why’ to live can bear almost any ‘how’

Victor Frankl
Selected References


Additional Resources

www.SAMHSA.gov

www.NCTSN.org

www.iOpening_Enterprises.com
Pickens, I (2016). The Bridge Trauma-Informed Culturally-Responsive Program. iOpening Enterprises, Los Angeles, CA.

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