



UC DAVIS PCIT TRAINING CENTER PROTOCOL FOR CDI

Session	Check-in	Coding	Coaching	Wrap-up
CDI-1 Step 1: Intro & identify parent's verbalizations	- Check in- find out how parent & child are doing	Code CDI-5 minutes	<ul style="list-style-type: none"> • Explaining session • Orient child to CDI – Let child know parent “is going to be practicing new ways of talking, that will help them get along better” • CDI coaching 30 min- Label verbalizations, orient to coaching 	-Debrief w/parent about CDI coaching -Give feedback on accomplishments of session & progress (show graphs) -Discuss mastery for CDI -Plan CDI homework, show how to fill out homework form
CDI-2 Step 2: Coaching toward mastery	- Check in - Review homework	Code CDI-5 minutes	<ul style="list-style-type: none"> • Decide on coaching priorities • Give feedback on coding, describe plan for session • Coach CDI 30 min 	-Feedback on accomplishments of session -CDI + CDI skill progress; show graphs -Mention effects of skills seen on child behavior & response to parent -Plan CDI homework
CDI-3 Step 3: Coaching toward mastery; identify barriers, generalizing PRIDE skills	- Check in - Review homework (identify barriers)	Code CDI-5 minutes	<ul style="list-style-type: none"> • Decide on coaching priorities • Give feedback on coding, describe plan for session • Coach CDI 30 min- Use level 3 coaching to tell how to generalize skills to other settings 	-Feedback on accomplishments of session -CDI + CDI skill progress; show graphs -Mention effects of skills seen on child behavior & response to parent -Plan CDI homework
CDI-4 Step 4: Coaching toward mastery; targeting challenging skills	- Check in - Review homework - How to use PRIDE skills to avoid problems	Code CDI-5 minutes	<ul style="list-style-type: none"> • Decide on coaching priorities • Give feedback on coding, describe plan for session • Coach CDI 30 min- Use exercises to improve parent understanding & performance of challenging skills 	-Feedback on accomplishments of session -CDI + CDI skill progress; show graphs -Mention effects of skills seen on child behavior & response to parent -Plan CDI homework, focus on challenging skills - Give parent mid-treatment measures
MID-TREATMENT ASSESSMENT	- Check in - Get measures - Review homework	MID-DPICS	<ul style="list-style-type: none"> • No Coaching • Debrief w/parent about DPICS, progress & remaining concerns • Review measures with parent • Review/Introduce “Skills to Manage Behavior” 	- Prepare parent for next session: PDI Teach

