

CDI Daily Care!



Childs Name: _____

	During 5 Minutes		Throughout the day		
	5-minute Special Play Time!	What toys did you play with?	Circle PRIDE skills used today	Was Selective Attention used today?	Overall, how was your child today? (circle one)
Monday _____	YES NO		Praise Reflect Imitate Describe Enjoy	YES NO	☺ ☹
Tuesday _____	YES NO		Praise Reflect Imitate Describe Enjoy	YES NO	☺ ☹
Wednesday _____	YES NO		Praise Reflect Imitate Describe Enjoy	YES NO	☺ ☹
Thursday _____	YES NO		Praise Reflect Imitate Describe Enjoy	YES NO	☺ ☹
Friday _____	YES NO		Praise Reflect Imitate Describe Enjoy	YES NO	☺ ☹
Saturday _____	YES NO		Praise Reflect Imitate Describe Enjoy	YES NO	☺ ☹
Sunday _____	YES NO		Praise Reflect Imitate Describe Enjoy	YES NO	☺ ☹

SPECIFIC SKILLS TO PRACTICE DAILY

Use your Relationship Enhancement Skills (PRIDE)

- P** Praise the appropriate behavior that you see immediately
- R** Use “reflection” to teach your child to listen and communicate
- I** Model (**Imitate** & Model) the behavior you desire
- D** Describe the behavior that you see or want to see that is appropriate
- E** “Enjoy” your play time with your child by having enthusiastic play

Use “physical positives” such as smiles, looking with eyes, hugs, kiss, sitting close.

Reduce questions and commands.

Avoid NO, DON'T STOP, QUIT, & NOT

WAYS TO USE SELECTIVE ATTENTION:

Stay silent.

Turn your eyes away.

Play with something else.

Keep your facial expression blank.

Make your play really fun so that the child will want to play that activity.

Compliment or praise another child's appropriate behavior.

Turn your back away.

Praise child immediately when he/she begins behaving appropriately!

Behaviors to notice, describe, and praise:

Attitude	Concentrating	Minding	Softly
Big boy/girl voice	Cooperative	Patiently	Taking their time
Calmly	Following directions	Polite words	Taking turns
Carefully	Gently	Quickly	Thinking things over
Caring	Hands to self	Quiet	Using words
Choosing	In-door voice	Safely	Waiting
Cleaning up	Letting others talk	Saying nice things	
Complying (first time)	Listening	Sharing	

How hard will it be for you to do your Daily Care this week?

1	2	3	4	5
Very easy	Somewhat easy		Somewhat hard	Very hard