Suggested Toys for PCIT

Creative, constructional toys like:

- Knex and Kid Knex
- Legos, Duplos, Tinker Toys
- Mega Bloks, Magnetic or Bristle Blocks, or soft blocks
- **Gears Gears Gears**
- Interstar Toys Master Builder Set
- Lincoln Logs
- Erector Set
- Mr. & Ms. Potato Head
- Dollhouse or schoolhouse with miniature people
- **Baby Dolls**
- Toy farm with animals
- Small stuffed or plastic animals
- Dishes, pots & pans, and play food
- Play Dough & molds
- Crayons, stencils, paper, and child scissors
- Train set with tracks
- Play garage with cars

Toys to Avoid During PCIT

Toys that encourage rough play, for example:

- Bats, Balls
- Boxing gloves
- Punching bag

Toys that could cause harm to self and/or others, for example:

- Toy guns
- Toy swords
- **Pixie sticks**

Toys that can get out-of-hand and require limit setting, for example:

- Paints
- Airplanes

Toys that have pre-set rules or discourage conversation, for example:

- Board games
- Card games
- **Books**

Urquiza, A., Zebell, N., Timmer, S., McGrath, J., & Whitten, L. (2011) Course of Treatment Manual for PCIT-TC. Unpublished 3.11 Manuscript.











