



Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

**COACHING DISRUPTIVE BEHAVIOR INTO APPROPRIATE BEHAVIOR**

Use results of the ECBI to determine Objectives of Treatment – Use Selective Attention  
Describe Behaviors that are Positive/Appropriate

Problem Behavior	Words to encourage better behavior	Additional Strategies	No. of times/week problem behavior occurs	Treatment Goals
<p><b>DAWDLE</b></p> <p>ECBI Questions 1, 2, &amp; 6</p> <p>Problem? YES NO</p> <p>Intensity: Low Mid High</p>	<p>Right away Quickly Paying attention Moving Responding Completing task Answering Finishing Choosing Making Decisions</p>	<p>Use of choices Timer Natural/logical consequence Make a Game of Racing Introduce new activity (i.e. when baby gets finished. it will be fun to ..)</p>		
<p><b>TABLE MANNERS</b></p> <p>ECBI Questions 3 &amp; 4</p> <p>Problem? YES NO</p> <p>Intensity: Low Mid High</p>	<p>Sitting Talking Swallowing Chewing w/mouth closed In-door voice Trying new things Listening Passing things Asking politely Setting table Cleaning up table Handing Waiting</p>	<p>Use Mr. Bear as a Model Caregiver Models - I do it like this; chew with mouth closed; keeping food on plate; staying seated until everyone is done eating; using polite words when asking for something; using utensils appropriately</p>		



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<p><b>OBEY</b></p> <p>ECBI Questions 5, 7, 8, &amp; 9</p> <p>Problem? YES NO</p> <p>Intensity: Low Mid High</p>	<p>Putting Placing Following directions Cleaning up Quickly Handing Taking turns Sharing Attitude Finishing Keeping toys on table Listening Minding Complying (doing it the first time) Making Doing</p>	<p>Use toys that take some assembly and direction from caregiver (i.e. train set) Re-Doing (i.e. doing the behavior the correct way)</p>		
<p><b>OPPOSITION / ANGER</b></p> <p>ECBI Questions 10, 11, 12, &amp; 13</p> <p>Problem? YES NO</p> <p>Intensity: Low Mid High</p>	<p>Sharing Talking Taking turns Playing Using words Gently Quickly Softly Patiently Taking their time Thinking things over Label feelings Calmly Quiet Voice Nicely Listening Concentrating Waiting</p>	<p>Calming Techniques Decrease Enthusiasm of Caregiver if Overwhelming Have Caregiver use Calm/Quiet Voice Reflect feelings Validate feelings Restate position/fact (i.e. perceptual correction, reframing) Offer Two Choices</p>		



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<b>VERBAL EXPRESSION</b> (i.e. yells, screams, sasses, whines, cries)  <b>ECBI Questions 14, 15, 16, &amp; 17</b>  <b>Problem? YES NO</b>  <b>Intensity:</b> <b>Low Mid High</b>	in-door voice quietly softly patiently whisper big-boy/girl voice using words tells me what you need, want, feel, etc. calmly nicely	Lower voice Whisper game		
<b>DESTROYS/CARELESS</b>  <b>ECBI Questions 19 &amp; 20</b>  <b>Problem? YES NO</b>  <b>Intensity:</b> <b>Low Mid High</b>	Gentle Nicely Carefully Safely	Warn & Remove Toy Model appropriate play Slow motion game		



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<p><b>PROVOKES/FIGHTS</b></p> <p><b>ECBI Questions 18, 21, 22, 23, 24, 25, 26, &amp; 27</b></p> <p><b>Problem? YES NO</b></p> <p><b>Intensity: Low Mid High</b></p>	<p>Sharing Talking Taking turns Playing Gently Hands to self Using words Cooperative Caring Softly Nice Words Compliment Being a friend Big boy/girl Saying nice things</p> <p>(Spanish - amorosamente; carinosamente; cuidadosamente (con cuidado); delicadamente; dulce)</p>	<p>Positive physical gestures Doll/stuffed animal play</p>		



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<p><b>INTERRUPTS/SEEKS ATTENTION</b></p> <p><b>ECBI Questions 28 &amp; 29</b></p> <p><b>Problem? YES NO</b></p> <p><b>Intensity:</b> <b>Low Mid High</b></p>	<p>Waiting Patient Listening Taking turns Letting other talk Using polite words (excuse me) Tapping on arm gently</p> <p>(Spanish words- esperar; eschar; permitir que yo hable; paciente; cuando pides permiso)</p>	<p>Raise hand Closed fist Hold up one finger Role -play with Mr. Bear appropriate behavior</p>		



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<p><b>ATTENTION PROBLEMS/OVER ACTIVE</b></p> <p><b>ECBI Questions 30, 31, 32, 33, 34, 35, &amp; 36</b></p> <p><b>Problem? YES NO</b></p> <p><b>Intensity: Low Mid High</b></p>	<p>Sitting Sitting calmly, still Listening Watching Paying attention Concentrating Taking their time Thinking things out Attentive Calmness Quietly Focusing Gently Making Good Decisions Finishing Completing Hands to self Staying at the table Quiet hands and feet Following directions Doing one thing at a time</p>	<p>Begin with one toy at a time. Change toy as soon as you see they will escalate. Caregiver uses brief messages. Use name in all statements. Breakdown the tasks</p>		