



Updates from UC Davis PCIT Training Center

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PCIT for Traumatized Children Web Course



The PCIT Training Center is dedicated to providing quality training & support to help agencies develop effective mental health programs.

PCIT:HomePage Login to the site

Customer Support Center You are not logged in. (Lo

Returning to this web site?

Login here using your username and password
(Cookies must be enabled in your browser) ?

Username

Password

Login

Forgotten your username or password?

Yes, help me log in

Is this your first time here?

Hi! For full access to courses you'll need to take a minute to create a new account for yourself on this web site. Each of the individual courses may also have a one-time "enrollment key", which you won't need until later. Here are the steps:

1. Fill out the [New Account](#) form with your details.
2. An email will be immediately sent to your email address.
3. Read your email, and click on the web link it contains.
4. Your account will be confirmed and you will be logged in.
5. Now, select the course you want to participate in.
6. If you are prompted for an "enrollment key" - use the one that your teacher has given you. This will "enrol" you in the course.
7. You can now access the full course. From now on you will only need to enter your personal username and password (in the form on this page) to log in and access any course you have enrolled in.

Create new account

You are not logged in. (Login)



UC DAVIS
CHILDREN'S HOSPITAL

11 Modules:

1. Introduction
2. Overview
3. Intake Assessment
4. DPICS coding
5. CDI teaching
6. CDI coach
7. PDI teaching
8. PDI coach
9. Parenting styles
10. Cultural considerations
11. Engagement

* CEUs available soon!

* Downloadable
certificates of completion



Updated Treatment Manual



- All forms have been updated (PRIDE, BE DIRECT, Coding sheets).
- Provides extra tools and strategies for treating Traumatized Children
- Manual includes new and updated step-by-step instructions for everything PCIT.
- Questions? Post them on UCD PCIT Training Center Facebook page or Linked In






Examples of Two New Handouts for Parents

UC DAVIS
CHILDREN'S HOSPITAL

Child Reactions to Trauma

Children can react to traumatic events in lots of different ways. They might have symptoms of depression, anxiety, dissociation, or even Posttraumatic Stress Disorder (PTSD). Their caregivers may have trouble coping with those events and their children's reactions too! When caregivers have some knowledge of what to expect from their children they will be better prepared to help their family cope. This handout explains some common child responses to trauma.



Fear and Anxiety:
These are the most common symptoms in children who have experienced a traumatic event. Anxiety symptoms can include hyperactivity, and difficulty concentrating, looking a lot like Attention Deficit Hyperactivity Disorder (ADHD). Fear symptoms can include the child being unusually fearful around bedtime or bathing.

Aggression:
Abused children are often aggressive, angry, and hostile, especially if they experienced physical abuse or witnessed violence.

Sexualized behaviors:
Children who are victims of sexual abuse may exhibit sexualized behaviors. This means that in their play, they show signs of knowing too much about sex.

Avoiding:
Sometimes, children will try to avoid thinking about or doing anything that might remind them of a traumatic event. They might seem sad and withdrawn or seem extra "happy" because their avoidance is working, temporarily.

PTSD symptoms:
These symptoms include strange behavior, staring off into space for no reason, and hallucinating and/or flashbacks. All of these are symptoms of traumatic stress.

Difficulty Relating to Others:
Traumatized children may have trouble with relationships and maintaining appropriate boundaries. For example, traumatized children may be very aggressive towards others, or they may be very clingy, demanding a lot of attention.



Managing Difficult Behavior in Public

When children have behavior problems, it can be hard to take them out in public. Children do things that embarrass us in front of others, like yelling, talking back, or even having a full-blown temper tantrum.

And sometimes-telling children to stop just make things worse. Strangers may stare or even make comments, and you may feel like you just want to get finished and leave as quickly as possible. So, children get away with doing things in public that they would not be allowed to do at home.

Here are some other things to do to help your child behave in public:

- **Make a Plan**
- **During the Outing use Praise, Rules, & Fun!**
- **Public Time Out-Stick to the Script**





New UC Davis PCIT Training Center Web site

New web address:
pcit.ucdavis.edu



Parent Child Interaction Therapy

SEARCH

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Lourdes Telehealth Systems

With the use of Telehealth communication equipment, we can train providers virtually anywhere in the world in real time.

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Parent Child Interaction Therapy Training Center

The PCIT Training Center is dedicated to providing quality training & support to help agencies develop effective mental health programs.



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[Register Now For The Annual PCIT Conference](#) >>

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[Register now for the annual PCIT conference](#)



UC Davis PCIT Training Center, Social Media

Parent-Child Interaction Therapy Training Facebook Page-

facebook Search for people, places and things Susan Timmer Voice Find Friends Home

You are posting, commenting, and liking as Parent-Child Interaction Therapy Training — Change to Susan Timmer

Parent-Child Interaction T... Timeline Now Highlights Admin Panel + Create A Page

Now
August
July
2012
2011
2010
Joined Facebook

PCIT for Traumatized Children Web Course

- Foundational PCIT training
- Flexible study options
- A gateway to PCIT certification

Parent-Child Interaction Therapy Training
265 likes · 18 talking about this · 5 were here

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Add Your Hours

About Photos Likes Map Videos

Highlights

Status Photo / Video Event, Milestone +
Write something...

Parent-Child Interaction Therapy Training
22 hours ago

Say hello to Nils from Norway! He helps provide PCIT in BUP
Oslo!

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Kat Sanders
Recently learned about PCIT in one of my classes. PCI...

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UC DAVIS CHILDREN'S HOSPITAL Parent-Child Interaction Therapy (PCIT)

Discussions Members Promotions Jobs Search Manage More... Share group

Take a minute to set up your open group for success.
[Modify write permissions in Group Settings »](#)
[Edit your Group Rules »](#)

Start a: Discussion Poll

Start a discussion or share something with the group...

Your Activity

Choose Your View NEW Show all RSS discussions

Most Popular Discussions

12th Annual PCIT Conference!
Today is the day: We finally have registration information for you about the 12th Annual PCIT Conference!
Deanna Unfollow posted 1 month ago

Please visit our website, ...
Lindsay Forte 1 month ago • Lindsay likes this.

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Check out the abstract from the Pediatrics article everyone is talking about: harsh physical punishment (spanking?) increases the...
What I take away is this- This study's findings suggest that in a national sample -- even when a family flies under the radar of CPS, ...
Caroline Timmer 1 month ago • Caroline likes this.

See more »

Manager's Choice

Check out the abstract from the Pediatrics article everyone is talking about: harsh physical punishment (spanking?) increases the likelihood of later psychiatric problems
Susan Timmer See all »

Latest Updates

Sarah Sciandri has joined the group.
Send message • 7 days ago

Dianne Thompson has joined the group.
Send message • 10 days ago

Halley Carmack, MSW, LCSWA has joined the group.
Send message • 13 days ago

See all updates »

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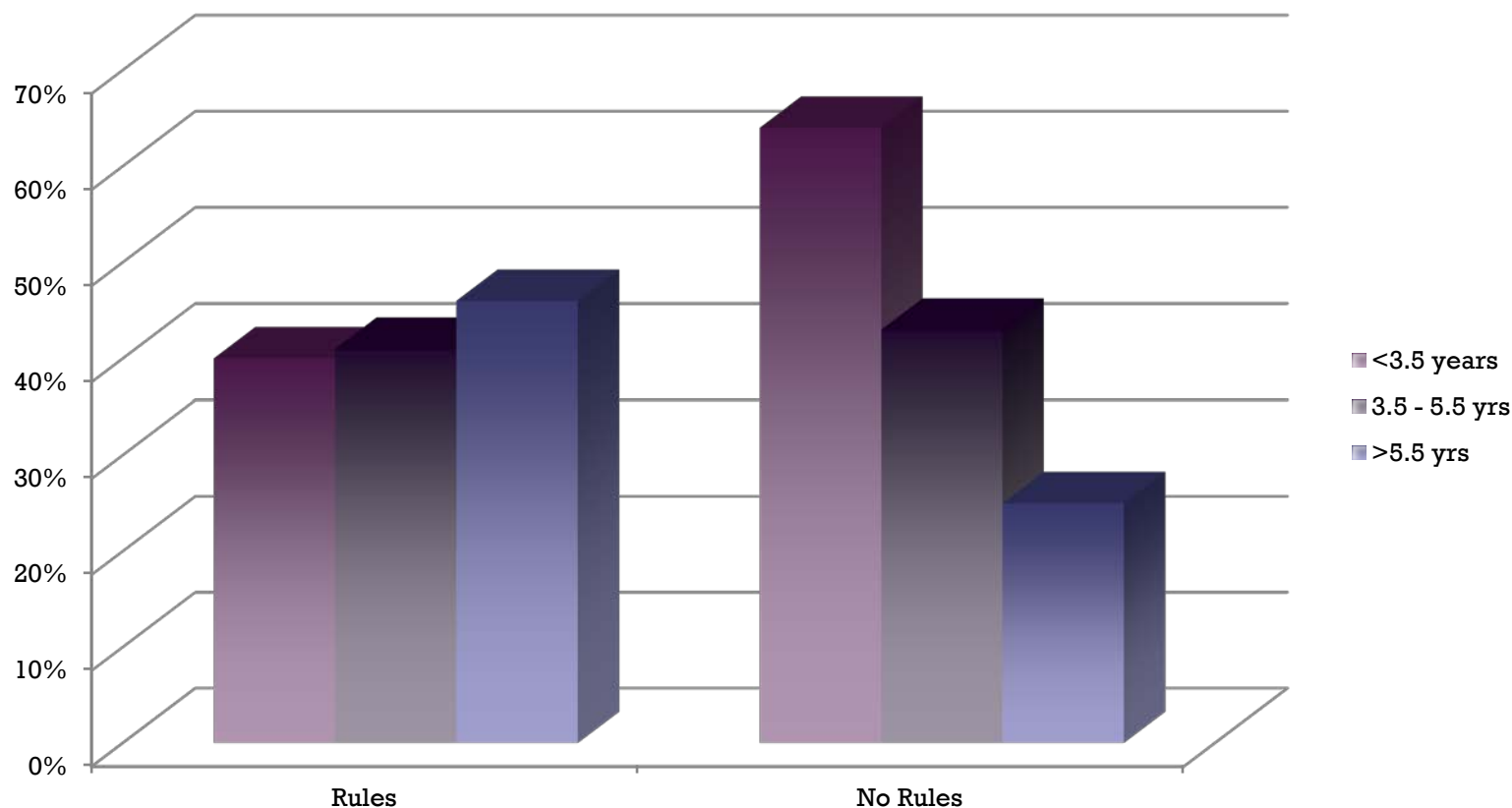
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Mental Health Software
TherapyNotes.com: Online Practice Management Software for Mental Health



Research Updates- CDI with Rules & Without Rules

Percent of positive mastery attained by week 7 by age of child





Research Update- Brief Child Behavior Inventories (BCBI-N & P)

BCBI – P

Your Name _____ Relationship to Child _____ Today's Date ____/____/____
Child's Name _____ Child's Gender _____ Child's Date of Birth ____/____/____

Directions: Below are a series of phrases that describe children's behavior. Please (1) circle the number describing **how often** the behavior **currently** occurs with your child, and (2) circle either "yes" or "no" to indicate whether the behavior is **currently important** to you.

For example, if seldom, you would circle the 2 in response to the following statement:
Never Seldom Sometimes Often Always Important
1 2 3 4 5 6 7 YES NO

1. Willing to try new foods.

Circle only one response for each statement, and respond to all statements. **DO NOT ERASE!** If you need to change an answer, make an "X" through the incorrect answer and circle the correct response. For example:
Never Seldom Sometimes Often Always Important
1 2 3 4 5 6 7 YES NO

1. Willing to try new foods.

	How often does this occur with your child?							Is this a problem for you?	
	Never	Seldom	Sometimes	Often	Always		YES	NO	
1. Does things right away when asked.	1	2	3	4	5	6	7	YES	NO
2. Has polite table manners.	1	2	3	4	5	6	7	YES	NO
3. Obeys rules on his/her own.	1	2	3	4	5	6	7	YES	NO
4. Has a calm temper; displays gentle behavior.	1	2	3	4	5	6	7	YES	NO
5. Uses words when upset; can calm self down.	1	2	3	4	5	6	7	YES	NO
6. Is careful and respectful of others' things.	1	2	3	4	5	6	7	YES	NO
7. Keeps hands to self.	1	2	3	4	5	6	7	YES	NO
8. Waits turn to talk.	1	2	3	4	5	6	7	YES	NO
9. Concentrates; can sit still and focus.	1	2	3	4	5	6	7	YES	NO

BCBI – N

(Adapted from the Eyberg Child Behavior Inventory by Sheila Eyberg, PhD)

Your Name _____ Relationship to Child _____ Today's Date ____/____/____
Child's Name _____ Child's Gender _____ Child's Date of Birth ____/____/____

Directions: Below are a series of phrases that describe children's behavior. Please (1) circle the number describing **how often** the behavior **currently** occurs with your child, and (2) circle either "yes" or "no" to indicate whether the behavior is **currently a problem** for you.

For example, if seldom, you would circle the 2 in response to the following statement:
Never Seldom Sometimes Often Always Problem?
1 2 3 4 5 6 7 YES NO

1. Refuses to eat vegetables.

Circle only one response for each statement, and respond to all statements. **DO NOT ERASE!** If you need to change an answer, make an "X" through the incorrect answer and circle the correct response. For example:
Never Seldom Sometimes Often Always Problem?
1 2 3 4 5 6 7 YES NO

1. Refuses to eat vegetables.

	How often does this occur with your child?							Is this a problem for you?	
	Never	Seldom	Sometimes	Often	Always		YES	NO	
1. Dawdles and lingers.	1	2	3	4	5	6	7	YES	NO
2. Has poor table manners.	1	2	3	4	5	6	7	YES	NO
3. Is defiant.	1	2	3	4	5	6	7	YES	NO
4. Is oppositional, angry, or aggressive.	1	2	3	4	5	6	7	YES	NO
5. Screams and yells when upset; hard to calm.	1	2	3	4	5	6	7	YES	NO
6. Destroys/is careless with others' things.	1	2	3	4	5	6	7	YES	NO
7. Provokes/fights physically.	1	2	3	4	5	6	7	YES	NO
8. Interrupts/steals attention.	1	2	3	4	5	6	7	YES	NO
9. Overactive/trouble paying attention.	1	2	3	4	5	6	7	YES	NO



The Future of UC Davis PCIT Training



- What is a ToT?
- Our view of PCIT training
- The Web Course and its effect on training
- Developing a ToT manual
 - Post-web course evaluation and skill building
 - Client & Coach coding sheets for trainers
 - Teaching PCIT concepts for trainers
 - Coaching session checklists for trainers
- Keeping records and tracking outcomes for trainers



UC Davis PCIT Training Partners



- History of UC Davis PCIT Training Partners concept.
- UC Davis PCIT Training Partners Basic Criteria:
 - Must have completed at least 20 PCIT cases with good outcomes, providing documentation of completion (e.g., PCIT Logs).
 - Must have successfully trained at least 10 therapists in his/her own agency, providing documentation (e.g., trainees' PCIT Logs).
 - Completion of the 'PCIT for Traumatized Children' web course.
 - Evaluation by UC Davis PCIT Consulting Trainer (e.g., Nancy, Jean)
 - Reference (e.g., agency administration/director) that addresses the trainer's understanding of the essential components of a successful PCIT program:
 - Describes the trainer's role in monitoring the flow of external and internal referrals to the PCIT program
 - Role the trainer played in insuring and maintaining quality and fidelity in their PCIT program.

+ Sample ToT Material



- Coding sheet (front)
- Session checklist (back)

+ Questions?

