The Importance of Fidelity to PCIT protocol (but what if...?)

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OBJECTIVES

Goals for workshop:

• Understand the core components of PCIT
• Understand the situations that can challenge the protocol
• Understand what you can do to support fidelity in your agency
WORKSHOP RULES

Because time is short & we want to hear everybody’s solutions:

• Each “What If?” will only be allocated 5 minutes
• If the issues brought up are too big to sort out in the allotted time, they will be sent to the “Think Tank” (written down for future discussion)

CORE COMPONENTS

IF MISSING, WOULD THIS BE PCIT?

General characteristics of treatment:

• Two phases of treatment: CDI & PDI
• Conduct 5-5-5 observational assessment(s)
• Administer standardized measure(s) of child behavior problems
• Maintain a up-to-date coding standard
• Client achieves CDI & PDI Mastery before graduating
TWO PHASES OF TREATMENT REQUIRED

BUT WHAT IF???

ALL TREATMENT GOALS ARE MET BY THE END OF CDI?

OBSERVATIONAL ASSESSMENT REQUIRED

BUT WHAT IF???

CHILD TANTRUMS...
PARENT TAKES A PHONE CALL...
CHILD GOES TO THE BATHROOM...
YOU FORGET TO RECORD IT…
USE STANDARDIZED MEASURES

BUT WHAT IF???

IT IS DIFFICULT TO GET THE PARENT TO RETURN THE MEASURES.

CODING RELIABLY IS REQUIRED

BUT WHAT IF???

YOU HAVE NO IDEA WHETHER YOU CODE RELIABLY
MASTERY REQUIRED TO GRADUATE

BUT WHAT IF???

PARENT CAN’T GET TO 10-10-10 AND IS READY TO QUIT

CORE COMPONENTS

IF MISSING, WOULD THIS BE PCIT?

Characteristics of coaching sessions:

- Homework received and given each session
- Weekly measure of child’s behavior problems
- 5-minute coding each session
- 30 minutes of coaching parents to use specific CDI and PDI skills in interactions with children
THE PARENT ALWAYS FORGETS TO BRING IT, AND THE CHILD IS ANTSY TO GO AT THE END OF THE SESSION

OUR AGENCY CAN’T AFFORD TO ADMINISTER THE ECBI EVERY WEEK
WEEKLY CODING REQUIRED

BUT WHAT IF???

THE PARENT SPENDS A LONG TIME CHECKING IN, OR…
THE CHILD STARTS ACTING OUT AND THE PARENT NEEDS HELP?

30 MINUTES OF COACHING REQUIRED

BUT WHAT IF???

PARENT IS LATE… SPENDS A LONG TIME CHECKING IN…
CHILD BLOWS OUT
CORE COMPONENTS

IF MISSING, WOULD THIS BE PCIT?

Characteristics of Time Out:

• Use of “Back-up” room or Swoop & Go as back up to time out

USE OF BACK UP ROOM OR SWOOP & GO

BUT WHAT IF???

THE PARENT CAN’T USE A BACK-UP ROOM OR SWOOP & GO AT HOME.
WHICH COMPONENTS CAN NOT CHANGE?

THE SPIRIT OF PCIT

BEHAVIORAL BASE

COACHING PARENT

CDI + PDI

WHAT CAN YOU DO TO SUPPORT FIDELITY IN YOUR AGENCY??
THANK YOU!

CONTACT US

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