# Steps for PCIT Intake Session

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<th>Step</th>
<th>Directions</th>
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| 1    | - Bring child and caregiver into PCIT room  
      - Have toys for child to play with while you talk to the parent and a standard set of toys nearby for the observational assessment |
| 2    | - Have parent sign all consent forms |
| 3    | - Standardized assessments: Have caregiver complete CBCL, PSI, ECBI, and TSCYC preferably before meeting with therapist  
      - Review ECBI with parents. This will give you information about the child’s behaviors that PCIT can directly target |
| 4    | - Explain to caregiver that you are going to do a 15-minute observation exercise that will give you information about the child’s typical behaviors  
      - Explain that you will be out of the room giving the caregiver instructions through an FM receiver every 5 minutes and be silent during the exercise  
      - Reassure the caregiver that you will return to the room when finished |
| 5    | - Have child and parent seated next to each other  
      - Show the caregiver how to use the FM receiver. Suggest that the caregiver put the ear bud in the ear away from child  
      - Remove all other objects from play area (e.g., purses, paperwork) |
| 6    | - Go into observation room  
      - Turn the video recorder on “Record” |
| 7    | - Have DPICS Data Recording Sheet ready |
| 8    | - Put on headset  
      - Ask caregiver if they can hear you  
      - Make adjustments if needed |
| 9    | - Read to caregiver the first segment (CDI) of the DPICS instructions |
| 10   | - Write start time on DPICS Data Recording Sheet |

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| 11 | - Code caregiver for 5 minutes  
- Write stop time on DPICS Data Recording Sheet |
| 12 | - Read caregiver the second segment of DPICS Instructions (PDI)  
- Note Start time and observe for 5 minutes  
- Make notes about the parent-child interactions and the strategies the caregiver uses to get the child to comply with their commands |
| 13 | - Read caregiver the third segment of DPICS Instructions (Clean Up)  
- Observe for 5 minutes  
- Make notes about the parent-child interactions and the strategies the caregiver uses to get the child to comply with their commands |
| 14 | - At end of 15 minutes, go into the room and debrief with parent  
- Ask if what you observed was fairly typical  
- If child exhibited difficult behaviors, reassure caregiver that you are glad you got to observe these behaviors and that PCIT will improve child’s behaviors |
| 15 | - If caregiver needs to complete standardized assessments, have them finish them or take them home  
- These measurements must be completed before the PCIT didactic teaching session or the data is no longer considered a pre-treatment assessment |
| 16 | - Develop treatment goals and objectives using the Child-Parent Treatment Form and ECBI coaching words sheet before the CDI teaching session |
| 17 | - Enter results of coding from the first 5-minutes of the observational assessment (CDI) onto the Skill Acquisition Profile  
- Write progress notes |
| 18 | - Fill in information on the PCIT Log |