



PCIT Flow Chart Key

Program Development

- Outfit and safety-proof the play room (toys, cabinets for toys)
- Outfit the observation room (cabinets for video, & forms)
- Purchase measurements
 - ECBI, PSI, CBCL, TSCYC
- Create case folders
- Create pre- & post-measurement packets
- Create packets of information for teaching PCIT components
- Xerox PCIT Log Sheets - to use a temporary data base
- Schedule room
- Keep supply of ear batteries and DVDs
- Post handouts in PCIT observation room
 - 15-minute observation
 - Lead-in for 5-minute observation
 - Mastery Criteria
- Develop video taping consent form

PCIT Referrals

(Indicate on referral: PCIT only/PCIT adjunct to other treatment)

- Referrals from within agency will contact:

- Referrals from outside agency will contact:

Treatment Coordination Meeting

- Assign Case to Therapist
- Input data in database
- Transfer case file to therapist

Intake Session (1 - 2 hours)

- Clinical interview
- Consent to video tape
- Pre measurements completed and interpreted
 - ECBI, PSI, CBCL, TSCYC
- 15 minute recorded observation (after obtaining video release)
- Develop treatment goals using ECBI/Coaching words list

CDI Teaching - PRIDE/Selective Attention (1 hour)

pre-measurements must be completed prior to the PRIDE Training

- Teach the pride concepts/selective attention
- Emphasize practicing to "mastery" (Skill Acquisition Profile)
- Provide packet of handouts to parent
 - PRIDE
 - Ways to Praise!
 - Selective Attention
 - Toys List
 - Daily HomeFun Sheet

Coaching PRIDE/Selective Attention (6 - 8 hours)

- 10 minute check-in
- 5 minute coding at beginning of every session-video tape
- 30 minutes of coaching
- 5 minute of session review and homework assignment
- Coach parent to Mastery*: Skill Acquisition Profile

Mid Treatment Assessment (Up to 1 hour)

Assess whether parent is at Mastery*

- * 10 Labeled Praises
- * 10 Reflections
- * 10 Behavioral Descriptions
- * 3 or fewer critical statements/questions/commands

Reassess treatment objectives and goals by completing ECBI and PSI

Conduct 15-minute behavioral observation (as needed)

PDI Teaching - BE DIRECT/Strategies to Improve Compliance (1 - 2 hours)

Teach Strategies to Improve Compliance concepts using Mr. Bear for role play
Give parent handouts

- Skills to Manage Behaviors
- Giving Effective Commands
- Giving Effective Time-Outs
- Strategies to Improve Compliance
- Daily Home-Fun Sheet

Coaching BE DIRECT/Strategies to Improve Compliance (6 - 8 sessions)

- 10 minute check-in
- 5 - 10 minute coding at beginning of every session-video tape
- 30 minutes of coaching
- 5 minute of session review
- Coach parent to Mastery*
 - *command > comply > praise
 - *Following time out process
- Introduce house rules, automatic time-out, and skills to use in public
 - Practice to Mastery
 - Make home-visit or public visit as needed
- Coach to Graduation*
 - *75% of parent's commands must be effective
 - *Child's ECBI intensity score must be lower than 114

Prepare for Graduation (1 - 2 hours)

- Assure that all post measurements are completed
- Complete 15-Minute Recorded Observation
- Refer family to other treatment as needed
- Complete PCIT Log Sheet

