



GENERAL COURSE OF TREATMENT

Step		# of Sessions	Expectations
1	Intake: Clinical Interview & Assessment	1 – 2 sessions	<ul style="list-style-type: none"> ◆ Parent completes standardized assessments & 15-minute behavioral observation.
2	CDI Didactic	1 session	<ul style="list-style-type: none"> ◆ PRIDE Skills teaching session.
3	CDI Coaching	6 – 8 sessions	<ul style="list-style-type: none"> ◆ Parent reaches mastery.
4	Mid-Tx Assessment	Up to 1 session	<ul style="list-style-type: none"> ◆ Parent completes ECBI & PSI. ◆ Optional to complete other measures and 15-minute observation.
5	PDI Didactic	1 – 2 sessions	<ul style="list-style-type: none"> ◆ Parent learns how to give effective commands and a PCIT timeout.
6	PDI Coaching with Role Play	1 session	<ul style="list-style-type: none"> ◆ Role-play giving effective commands and PCIT timeout with Mr. Bear.
7	PDI Coaching	6 – 8 sessions	<ul style="list-style-type: none"> ◆ Parent masters giving direct commands and time out with the child. ◆ Child’s compliance improves
8	Graduation from PCIT	1 – 2 sessions	<ul style="list-style-type: none"> ◆ Parent gives effective commands and manages behavior in different settings. ◆ Completes standardized assessment measures, TAI, & 15-minute behavioral observation.

