

## Early Childhood Measure of Resilience©

### Attachment Subscale

1. My child enjoys playing with me

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

2. My child enjoys spending time with me

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

3. My child and I have a warm relationship

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

4. My child and I have a loving relationship

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

5. My child and I have a consistent relationship

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

6. My child and I have a cohesive relationship

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

7. My child and I have a nurturing relationship

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

8. My child enjoys my attention

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

9. My child enjoys my praise

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

10. My child feels comfortable exploring the environment when I am nearby

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

11. My child seems happier and more relaxed when I am around

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

12. My child seems happier and more relaxed when I return from being away

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

13. My child looks to me for guidance

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

14. I provide guidance to my child

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

15. My child has a good mix of relying on me and being independent

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

## Behavioral Subscale

1. My child has appropriate behavior towards me

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

2. My child has appropriate behavior towards other children (siblings, peers, cousins, etc.)

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

3. My child complies with my direct commands

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

4. My child obeys rules

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

5. My child stays focused on tasks

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

6. My child's behavior can be changed by using praise

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

7. My child's behavior can be changed by using strategic ignoring

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

8. My child is cooperative

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

9. My child shares

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*    *Agree*    *Strongly Agree*

10. My child takes turns

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*    *Agree*    *Strongly Agree*

**Cognitive Subscale**

1. My child has a good vocabulary for her/his age

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

2. My child speaks well for his/her age

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

3. My child enjoys learning new things

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

4. My child has good problem-solving skills

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

### Self-Regulation Subscale

1. My child needs few time-outs

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

2. My child can calm herself/himself down easily

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

3. My child stays on the time-out chair

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

4. My child can control her/his emotions

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

5. My child can control his/her behavior

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

6. My child self-soothes appropriately

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

7. My child recovers quickly from a time-out

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*

8. My child is generally in a good mood

*Strongly Disagree*      *Disagree*      *Disagree Slightly*      *Agree Slightly*      *Agree*      *Strongly Agree*