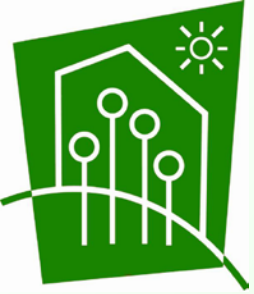


# **The PCIT for Traumatized Children' Web Course**

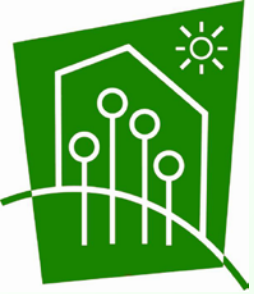
**Anthony Urquiza, Ph.D.**

**PCIT Training Center  
University of California, Davis  
CAARE Center  
Sacramento, CA  
916-734-7833  
[www.pcittraining.tv](http://www.pcittraining.tv)**



# Vision of the PCIT Training Center

- **To improve the quality of mental health services to children and families.**
- **Increase the number of trained and qualified mental health providers in rural and urban areas with the expertise to comprehensively respond to the special needs of children and families through the delivery of PCIT services.**
- **Bridge the gap between effective research and effective practice.**
- **Expand the depth and breadth of scientific knowledge in mental health, child maltreatment, and PCIT.**



# History of the PCIT Training Center

**Established in 1999 to train 13 California agencies in PCIT**

**Attain a competency level among trainees that will enable agency therapists to provide PCIT services.**

**Train designated agency therapists (TOTs) to provide agency supervision of PCIT services and train future staff (2<sup>nd</sup> generation+) in PCIT service delivery.**

**Children who receive PCIT services from the trainee agency will demonstrate significant behavioral improvements and symptom reduction after completion of PCIT.**

**Currently we have trained approximately 90 community mental health agencies throughout California and other states/countries**

# Agencies with PCIT Programs



Humboldt-3  
 Glenn  
 Yolo-2  
 Placer  
 Sacramento-4  
 Sonoma  
 Santa Clara  
 Mammoth Lakes

Shasta  
 Butte  
 Yuba  
 Marin-2  
 Amador  
 San Mateo  
 Fresno  
 San Benito  
 Monterey-2  
 Los Angeles-11+  
 San Bernardino  
 Orange-2  
 San Diego-5  
 Yolo-2

Tehama  
 Lake-2  
 Nevada-2  
 Solano  
 San Joaquin-2  
 Alameda  
 Merced  
 Ventura-2  
 Santa Barbara  
 Kern  
 Riverside-3  
 Missouri  
 Maryland  
 Alaska  
 Hong Kong  
 Australia-2  
 Oregon-

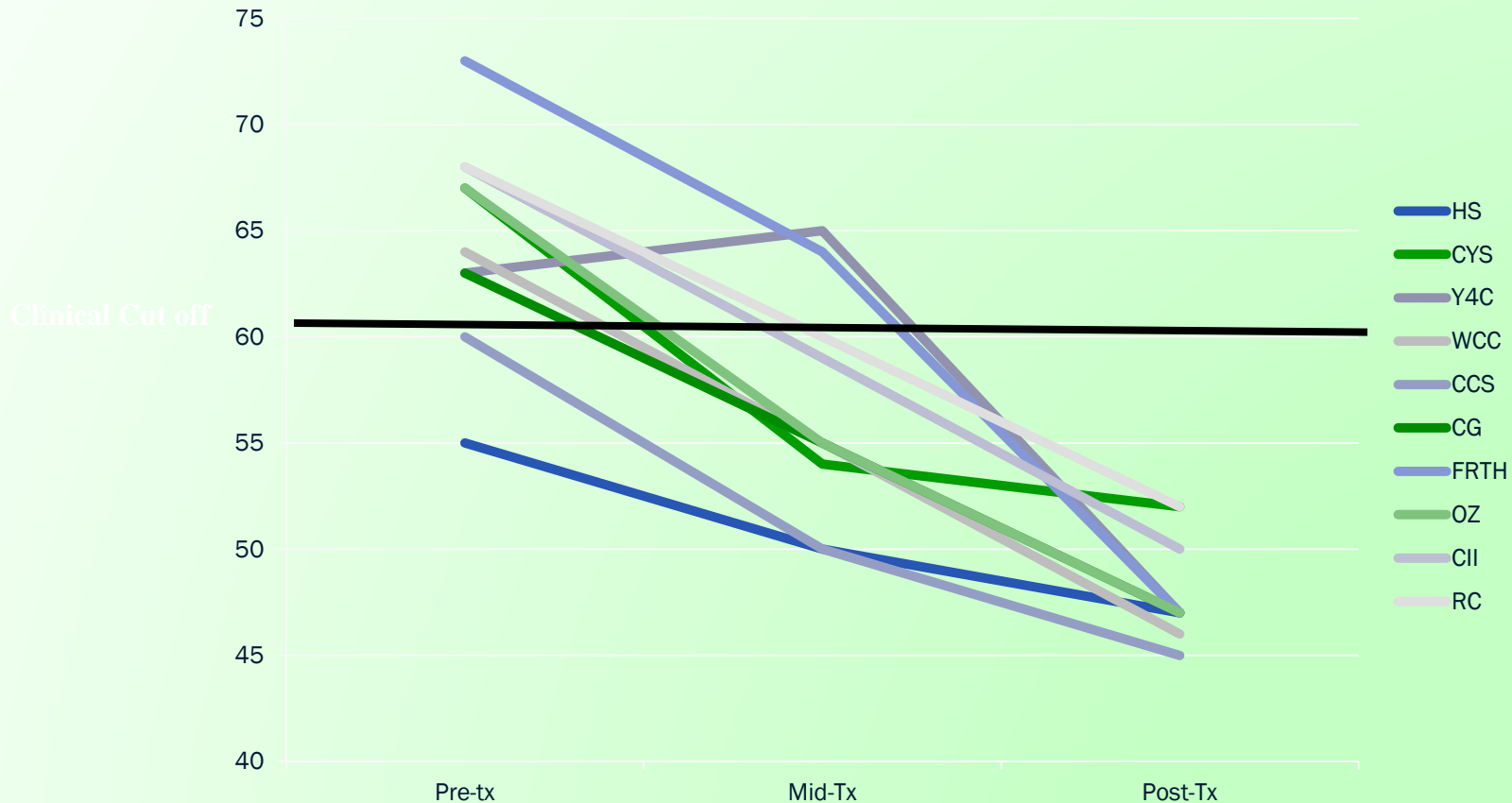
Washington  
 Hawaii-2  
 Canada-2

See [www.pcitraining/referrals.tv](http://www.pcitraining/referrals.tv)  
 for complete list





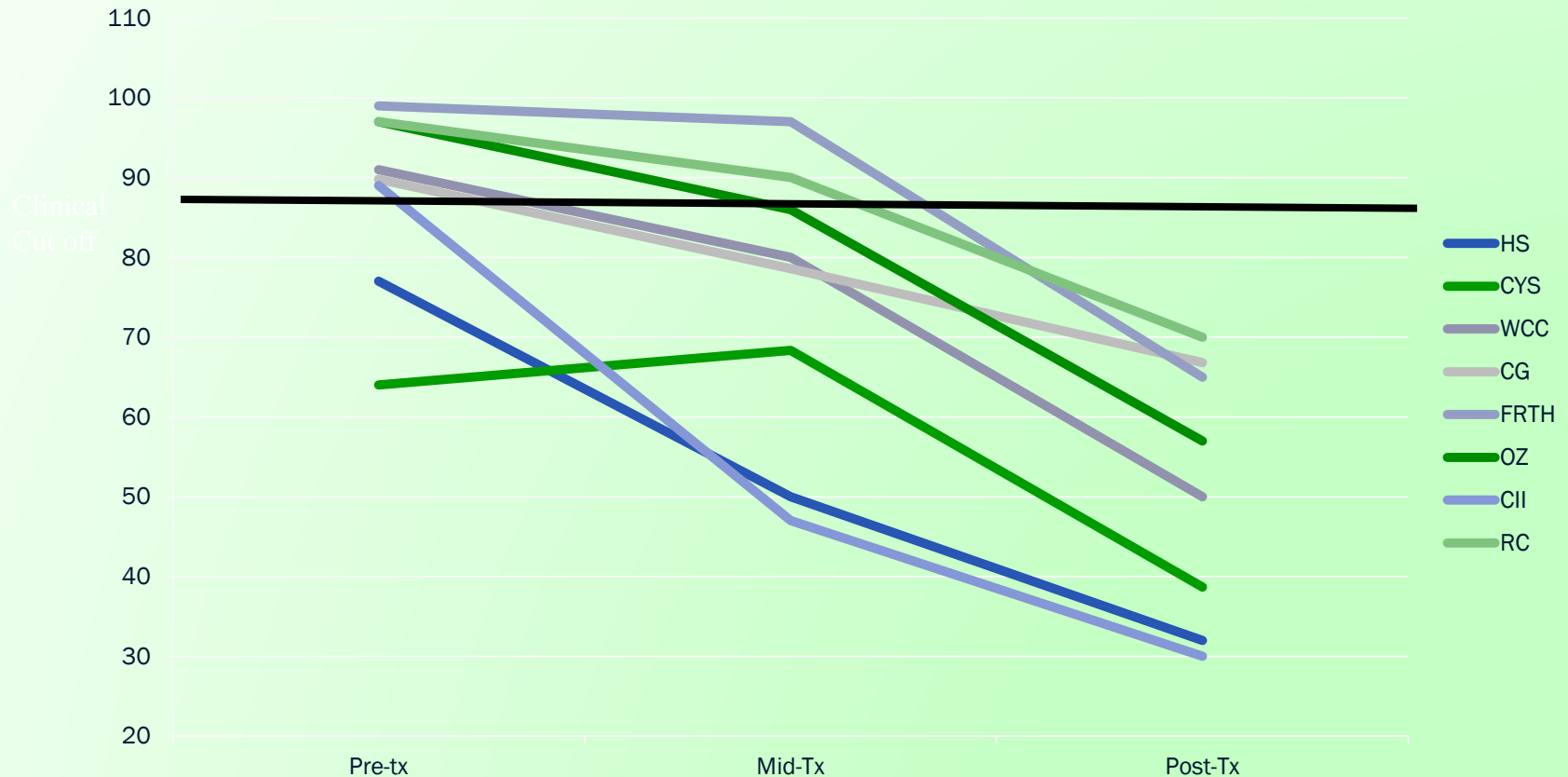
# Eyberg Child Behavior Inventory- Problem Scale: T-Scores from Pre-, Mid-, & Post-Tx Assessments



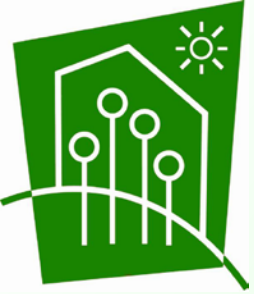
Data represent scores from 269 Clients and 10 Agencies



## Parenting Stress Index- Total Stress: %ile Scores from Pre-, Mid-, & Post-Tx Assessments



Data represent scores from 251 Clients and 8 Agencies



# PCIT Training Center Training Model

Activities below occur over the 10-month training period:

1. Site visit (therapist competencies, equipment, therapist selection)
2. Three-day “Fundamental and Skill-Building Training’ (i.e., didactic/role-play training (theory, assessment, CDI)
3. Seven days of on-site ‘coach coaching’ for first half of PCIT.
4. Seven days on-site PDI ‘coach coaching’ for second half of PCIT.

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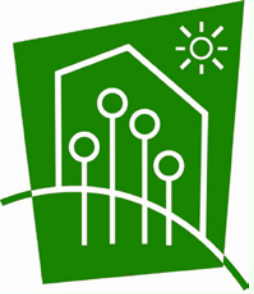
18 days of training is A LOT! >X3 days/didactic training

>X15 days of on-site coach

coaching

Complies fully with the 2009 – National PCIT Training Guidelines!



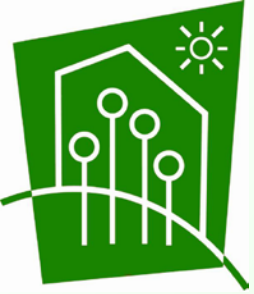


# 'PCIT For Traumatized Children'

**SAMHSA/NCTSN - Funded \$1.8 Million Training**

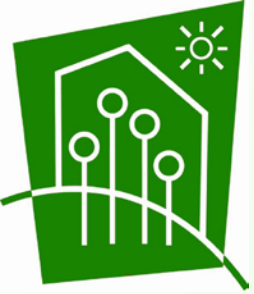
## Year One Web Course Development

1. **PCIT Training Center: Development of preliminary web course modules**
  - >Theory
  - >Assessment
  - >Mastery Criteria
  - >Culture
  - >Coding
  - >PDI Didactic
  - >Course of treatment
  - >CDI didactic
  - >Generalization
2. **Workgroups: Each Web Course module posted on NCTSN intranet**
3. **Revise, revise, revise each module**
4. **PCIT Web Course Executive Committee**
5. **Final Web course curriculum approval**
6. **Web course development**



# 'PCIT for Traumatized Children'

**What does this web course look like?**



# Revised PCIT Training Model

## On-site Training Model

1. Program Development (1)
2. Fundamentals Training (1)
3. Skills-Building (1)
4. Advanced Training & Consultation (15)
5. Quality Assurance
6. Continuing Education

**Total on-site visits: (18)**

**Agency site visits: (#)**

## Telemed Training Model

1. Program Development (1)
2. Fundamentals Training  
Skills-Building (1)
4. Advanced Training & Consultation (2)
5. Quality Assurance
6. Continuing Education

**Total on-site visits: (4)**

**Total telemed 'visits': (15)**



# ‘PCIT for Traumatized Children’

## Years 2-3 PCIT Training & Web Course Assessment

- 1. Identify X10 community mental health agencies to train**  
(one agency needs to be a U.S. Military facility)
- 2. Site development, telemedicine equipment installation**
- 3. Therapists at identified agencies take PCIT web course**
- 4. Coach-coaching conducted via telemedicine**  
>Most of the training will occur via videoconferencing (coach coaching)
- 5. Therapists (TOTs) at each agency reach training competencies – so they can train other therapists at their agency.**



# PCIT and Telemedicine

**UC DAVIS**  
**CHILDREN'S HOSPITAL**

## Challenge:

Putting telemedicine  
equipment into  
existing audio-  
visual system.

Training distant  
mental health

Providers to use telemedicine equipment





# PCIT Training Center

**Thank you!**

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