



UC DAVIS PCIT TRAINING CENTER PROTOCOL FOR PDI

Session	Check-in	Coding	Coaching	Wrap-up
PDI-1 Step 1: Intro & Practice Minding		Code CDI- 5 minutes	<ul style="list-style-type: none"> Explaining session Teach PDI to child - Role play PDI & TO w/Mr. Bear PDI coaching 30 min- Practice minding exercise if needed 	Debrief w/parent about PDI coaching Discuss mastery for PDI Plan CDI homework
PDI-2 Step 2: Giving effective commands		Code CDI- 5 minutes Code PDI- 2 minutes	<ul style="list-style-type: none"> Coach PDI 25 min- coach parent to give effective real-life commands Coach CDI in “recovery time” Coach parent to give Clean up commands if parent can do real-life commands 	Feedback on CDI + PDI skills Plan CDI homework Decide on commands for PDI homework. Show how to fill out form. Tell parent to call if ANY problem w/PDI at home
PDI-3 Step 3: Commands & Time Out practice (do until cgvr is at or near PDI mastery & chld is staying on TO chair at home)	* Parents estimate % commands no comply * Parents-to use PDI at clinic	Code CDI- 5 minutes Code PDI- 2 minutes	<ul style="list-style-type: none"> Coach PDI 25 min. Make commands realistic & fair, but more challenging Coach CDI in “recovery time” Practice TO w/Mr. Bear if child is compliant with all commands Coach parent to give Clean up commands if parent can do real-life commands 	Discuss CDI & PDI skills progress sheet Plan CDI homework Plan PDI homework
PDI-4 Step 4: Introduce House rules	* Parents estimate % commands no comply * Parents-to use PDI at clinic	Code CDI- 5 minutes Code PDI- 2 minutes	<ul style="list-style-type: none"> Use coding to prioritize coaching goals Coach PDI 20 min, focusing on greatest needs 	Review remaining problems from ECBI. Determine whether need HOUSE RULES or focused command. If no beh probs, discuss Public Behavior instead of House Rules
PDI-5 Step 5: Introduce Public Behavior		Code CDI- 5 minutes Code PDI- 2 minutes	<ul style="list-style-type: none"> Use coding to prioritize coaching goals Coach PDI 20 min, focusing on greatest needs. Use 5 min of PDI coaching in Clean up situation 	If parents can implement PDI & house rules at home, discuss PUBLIC BEHAVIOR Plan public behavior practice outing

PDI-6 (1-2 sessions) Step 6: Public outing		Code CDI- 5 minutes Code PDI- 2 minutes	<ul style="list-style-type: none"> • Public behavior coaching practice outing 	Plan public behavior outing for next week
PDI-7 + Step 7: Wrapping up		Code CDI- 5 minutes Code PDI- 2 minutes	<ul style="list-style-type: none"> • Coach any CDI and/or PDI skills not at mastery level • Exercises that address any remaining problems parent endorses 	Plan CDI homework Plan PDI homework Plan for Graduation
GRADUATION SESSION	Post DPICS			Discuss parent's strategies for managing the child's behavior- at different times, in different settings. Parents can call if needed, but convey confidence in them