



PCIT BEHAVIORAL OBSERVATION INSTRUCTIONS

(Child is 2 yrs or older)

Child Directed Interaction/Child Led Play (CDI- Five Minutes)

(Code this portion of the exercise)

- In this situation, tell [CHILD'S NAME] that [HE/SHE] may play with whatever [HE/SHE] chooses. Let [HIM/HER] choose any activity [HE/SHE] wishes. You just follow [HIS/HER] lead and play along with [HIM/HER]. Raise your hand if you understand, [WAIT FOR PARENT TO RESPOND] and begin the activity.

Parent-Directed Interaction / Parent Led Play (PDI- Five Minutes)

(Code or Observe making narrative notes)

- That was fine. Now we'll switch to the second activity. Tell [CHILD'S NAME] that it's your turn to choose the activity. You may choose any activity. Keep [HIM/HER] playing with you according to your rules. Raise your hand if you understand, [WAIT FOR PARENT TO RESPOND] and begin the activity.

Clean Up (CU- Five Minutes)

(Code or Observe making narrative notes)

- That was fine. Now please tell [CHILD'S NAME] that it is time to clean up the toys. Make sure you have [HIM/HER] put the toys away by [HIM/HERSELF]. Have [HIM/HER] put all the toys in their containers and all the containers in the toy box [OR DESIGNATE LOCATION]. Raise your hand if you understand, [WAIT FOR PARENT TO RESPOND] and begin the activity.

